

Fitness Assistant

(Job # 2023-042-IE)

Department: Leisure & Community Services
Status: Part-time, Temporary
Date Posted: March 21, 2023
Date Closing: **April 4, 2023, 4:30pm**
Scheduled Hours/Shifts: 10 - 20 hours per week
Salary: \$18.16 - \$20.43 per hour

Position Purpose:

Reporting to the Fitness Programmer or Supervisor, the Fitness Assistant is responsible for the provision of the on-site supervision of patrons of the Fitness Centre. Key responsibilities include: providing friendly and courteous tours to potential clients; promoting appraisals and programming services; obtaining and screening medical/health history of members; providing instructions to members- exercise and equipment use; monitoring patrons using fitness facilities; recommending fitness programs and/or special events; responding to inquiries; assisting in research and development for fitness programs; maintaining supplies of fitness programs; compiling and summarizing member/program participant statistics; assisting with fitness wellness and speciality programs; and other duties as assigned. Candidates should be enthusiastic, upbeat, positive and customer-service oriented.

Qualifications and Requirements:

- Currently enrolled or working towards a post-secondary diploma/degree in Kinesiology or College Fitness and Lifestyle Management Program or related program.
- 1+ year experience in Fitness/Medical Field/Customer Service-related position
- Working towards Clinical Exercise Physiologist, Certified Personal Trainer, Registered Kinesiologist or equivalent registered health professional
- Demonstrated experience working with the public, preferably in fitness or wellness program delivery/ customer service environment
- Good interpersonal, organizational, public relations, program design/delivery and coaching skills
- Ability to deal courteously and effectively with members, program participants, general public and staff
- Current First Aid and CPR certifications
- Police vulnerable sector screening is required

How to apply:

Please forward your resume in confidence by **April 4, 2023, at 4:30 p.m.**, identifying **Job # 2023-042-IE** in the subject line to hr@townofws.ca.

Committed to diversity and a barrier-free environment: Whitchurch-Stouffville is an equal opportunity employer committed to an inclusive, barrier-free recruitment and selection process and as we grow, it's important that our workforce reflect the citizens we serve. At the Town, we respect, encourage, and celebrate our diversity. If contacted for an employment opportunity, please advise if you require accommodation.

We thank all applicants for their interest in this position, however, only those applicants selected for an interview will be contacted.