JANUARY 2023 NO 68



On the Road in Whitchurch-Stouffville is the monthly magazine of the Town

22 A LABOUR OF LOVE 15 WINTERSONG 2023 BIGGER THAN EVER 10 NEW BUSINESS WATCH 06 CHECK UP WITH MATHNASIUM



BAREISS: MATERIAL TESTING SPECIALISTS

From the Editor

On the Road in Whitchurch-Stouffville (OTR) is the Monthly magazine of the Town. The purpose is to communicate with residents, promote local businesses, support agriculture, develop tourism and, most importantly, build community. This edition brings awareness to 27 businesses, 28 special events, and 11 matters of community importance. And, most of this is classified as Tourism. For OTR advertising, contact Bruce Stapley bstapley@ sympatico.ca. For any other questions or concerns, contact me:

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JAN 2023 • NO. 68

last month in Stouffville









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Sweeping planning changes coming

Province's Bill 23 could create \$30 million shortfall for Stouffville over next 5 years

Glenn Jackson, Contributor

This is a monthly column summarizing recent Whitchurch-Stouffville Council decisions. Subscribe to our eNewsletter for more detailed information: eepurl.com/cKPNg9

Bill 23 Impacts. On October 25, 2022 the Ontario government introduced the More Homes Built Faster Act, 2022 ("Bill 23"), to support the More Homes Built Faster: Ontario's Housing Supply Action *Plan:* 2022-2023. Bill 23 is an omnibus bill that introduced sweeping changes to land use planning in the Province. The Action Plan and Bill 23 were designed to lay the groundwork to achieve Ontario's goal of building 1.5 million homes over the next ten years.

On November 28, 2022 the Ontario government passed Bill 23.

In a report to Council on December 21, town staff provided a detailed analysis of the possible financial implications to the municipality as a result of the Bill.

Staff outlined 14 potential impacts Bill 23 will have on planning processes, parkland dedication and development charges in Stouffville.

According to the report, eight of the changes will impact the planning process, including:

· Changes to the Ontario Heritage Act, which would represent a "fundamental shift in the provincial direction for conserving cultural heritage resources." According to the new legislation, any property on a municipality's heritage register (Stouffville has the Town Built Heritage *Inventory*) must apply more a 'notice to designate' with the Province within two years or be removed from the list. Staff indicated in the report that any changes to the Act may " create highrisk conditions for the loss of cultural heritage resources" and "will create a large amount of work for the Town's heritage community, including the Heritage Advisory Committee and Heritage Planning staff. Staff are

concerned the amendments "would result in more work, which may not necessarily be rewarding with respect to cultural heritage protection..."

· Zoning changes will allow up to 3 residential units per lot in existing residential areas. This applies to any parcel of urban residential land containing a "single detached, semidetached, or rowhouse/townhouse dwelling in a settlement area with full municipal water and wastewater services." New units built under this permission will be exempt from requiring more than one additional parking space and minimum unit sizes. Staff maintain that these changes could "have an impact on the character of existing neighbourhoods" and "parking issues may result from the inability to require more than one parking space per unit." In addition, "Water and wastewater infrastructure needs will increase over time, which can cause a strain on the existing infrastructure in place."

any residential development with less than ten (10) units. This can be in any form - a single-detached dwelling up to a townhouse development of 9 units. These will not be subject to site plan control and will only need a building permit to proceed with construction. According to staff, exemption of site plan control would "result in the municipality not being able to govern matters such as stormwater management, servicing and grading, environmental protections, safety issues with respect to inappropriate driveway locations and impacts on the road and traffic network, protection of municipal trees, ingress and egress, and appropriate on-site vehicular and pedestrian circulation." Staff illustrate this with current concerns from residents in the Downtown core

• The removal of site plan control for

where infill the re/development trend is already occurring, and residents often complain of "monster homes" being built. With the amendment, residents' concerns about the character of a neighborhood and architectural design "will not be able to be assessed."

• The elimination for appeals for minor variances and consents from persons who made submissions to the approval authority. The effect of this change is to "limit rights of appeal to the applicant, the relevant municipality or approval authority, the Minister and to certain public bodies or specified persons who made submissions to the approval authority before a decision was made."

In addition to planning impacts, Bill 23 also makes significant changes to parks and parkland requirements, including:

· The amount of parkland created

- in new developments, including subdivisions, will be significantly reduced. Currently a developer must set aside land for a the municipality to build parks for the new residents. Bill 23 reduces the amount of dedicated land from 1 ha/300 units to 1 ha/600 units for parkland and from 1 ha/500 units to 1 ha/1000 units for cash in lieu. Staffindicate that these changes could result in "lower quality parks, reduced standards for parkland provision, and less access to parkland." These changes will "undermine the principle that growth pays for growth and ensuring the development of strong complete communities." Funding shortfalls will be transferred to the tax payer according to the report.
- · Developers will now be allowed to identify the land they intend to dedicate for parkland. According to

...CONTINUED ON PAGE 23

Town Launches"Sister Website"

The Town has launched a sister website at **Stouffville.com**. It is dubbed The Official Guide. "This may look like a tourism website," says Economic Development Officer and OTR Editor David Tuley, "but that is just how we organized it. This is really a way to capture 68 editions worth of OTR, including stories about rural tourism, local businesses, oral histories, clubs to join, and things to do outdoors. Over the years, the Town has invested a lot of effort and time into communicating through OTR. This is just a matter of capitalizing on it – giving our stories more longevity."

Initially, the website is divided into two sections: *Live It* and *Do It*. Under *Do It*, there are subcategories, such as Hike, Family Fun, Culture, Cycling, Golf, DIY, and Equestrian. Within *Live It*, there are Shop, Eat, Drink, and Join

In scrolling further down, one will find an interactive map based on Stouffville's new logo. "Here, we have partitioned our Business Spotlights and Our Stories into six geographical regions. This is where one can read about people and places," mentioned Tuley. "We do not want visitors or new residents to be left out just because they didn't receive the magazine in the past."

Tuley talked about how the Town launched a website at L4A.ca in the early days of the pandemic in order to share the status of businesses with the public. He stated that once things opened back up, the site became stale as fast as it was created. "Damned if you do, and damned if you don't – that was the pandemic. So, we morphed the content and added more OTR to it. We've only worked on it as time was available. There have been plenty of other priorities."

This project was made possible through a collaboration with David Mills, owner of Stouffville.com. Formerly, Stouffville.com served a community purpose, much like OTR. In 2021, Tuley and Mills got together to create a "napkin sketch" of how a new Stouffville.com could be realized.

"Residents are blessed with fulsome local content on the web. The Townofws.ca and Discover Stouffville provide great event calendars, while a half dozen or more Facebook sites engage residents in conversation. Stouffville.com will fill a gap by telling and retaining our community stories," concluded Tuley.











Climate Change is a Business Risk

by Jennifer Taves Partners in Project Green

In recent years, concern for climate change-related risks has grown and it is reflected in many business risk assessments. This is in large part due to the increasing number and severity of climate-related disasters that are happening in Canada and abroad every year, leading to material impacts on businesses.

Though many organizations understand that climate change is happening, many are not aware of their personal climate change-related risks, or how their organizations will be impacted. Assessing these risks is vital to understand how a business is vulnerable and to identify strategies to reduce those vulnerabilities.

Why Should Businesses Care about Climate Change Impacts?

Climate change is already affecting businesses in Canada and around the world to different extents. From acute shocks to chronic stresses, climate change is:

- ${\bf \cdot} \textit{Hurting businesses' bottom lines;}$
- Affecting workers' productivity, health, and safety; and,
- Increasing the cost of labour and materials; and, increasing the cost of insurance and uninsured costs.

Even if all human-caused GHG emissions were to stop tomorrow, the climate will continue to change as the vast majority of the heat-trapping GHGs we have

already emitted are stored in the oceans, which slowly releases them back into the atmosphere. So, while businesses in North America need to continue to reduce GHG emissions, it is also imperative that businesses take actions to adapt and prepare for current and future impacts.

The Path Toward Business Climate Change Resilience

While each business will need to examine their own operations to create specific roadmaps to resilience, there are key factors that provide the foundation for a climate resilient business:

- Aggressively pursue mitigation efforts, the closer an organization is to net-zero, the less vulnerable it is to financial and regulatory risks or adverse market developments;
- Create adaption plans for climate related physical risks throughout your operations and supply chains, and the communities in which you operate; and,
- Connect with expert organizations that can provide knowledge sharing, capacity building and networks to accelerate your journey towards climate resiliency.

Over the coming months, Partners in Project Green and the Town of Whitchurch-Stouffville will be sharing tips on how to build a climate resilient business. Stay tuned to *On the Road*, and you can learn more at:

partnersinprojectgreen.com.











Where every member gains. Probus Stouffville

by David Tuley

In November, I met with Janice Palumbo and Tara Seon at the Royal Stouffville Golf Club near Ballantrae. These outgoing and friendly community leaders introduced me to the world of the Probus Club of Stouffville. Janice Palumbo is the Co-President (with Candy Chapman), and past co-Pres Tara is now the Social Chair.

I learned that Probus is an organization with over 4,000 clubs worldwide and over 33,000 members. In Canada alone, there are over 250 clubs. Probus members tend to be active, interested individuals who have retired from professional and business careers. Membership in a Probus Club offers individuals opportunities to socialize, develop new skills, and contribute in any way they may choose.

The Probus Club of Stouffville began in 2014 and has grown to 170 members. The club's Probus' motto is - get connected... stay connected. To fulfill this commitment, members meet monthly where they can socialize over coffee, and enjoy a changing selection of guest speakers who provide the opportunity to learn new things. As examples, at the October 13 meeting - just in time for Halloween – Probus members took a spooky 1-hour journey with costumed speaker Lianne Harris and the fascinating history of witchlore and superstitions, their origins, their importance, and why these ideas persist today. Last April, David Blevin spoke to the group about the S.S. Keewatin,

a 1907 ocean liner museum ship, and in May, Jennifer Merrick provided a talk on Canada's National Parks.

In addition to the monthly meeting, special interest groups such as book clubs, walking groups, the movie club, the travel club, and card groups meet regularly. Social planners within the club design activities and outings that appeal to a broad range of interests like Appi-Trivia Nights, The Lunch Bunch Lunches, and field trips. In the Fall-Winter 2022, field trips included Country Christmas with The Walters Family Show in Dundas, Chicago in Stratford, and White Christmas at the Shaw Festival Theatre along with a tour of the Niagara Festival of Lights. As well, throughout the year, members also enjoy other events such as the Summer BBQ, Picnic, Car Rally, Christmas Lunch and other events that members volunteer to spearhead. Something's always going on at the Probus Club of Stouffville.

The local club holds its meetings on the second Thursday of each month at the Royal Stouffville Golf Club, 14248 Highway 48. Registration typically begins at 9:30am. After a brief business meeting until 10:30am, they break for coffee and conversation until 11:00am. The monthly featured guest speaks from 11:00am-11:45pm. To inquire about membership, go to www.stouffvilleprobus.ca and scroll down to "Join Us" for details.



Take the Pledge Keep Stouffville Road Users Safe

Enhancing roadway safety is critical to the health and well-being of our residents, as well as to others who travel on our roads. In keeping with the Town's ongoing commitment to effectively implement Vision Zero principles into its road safety initiatives, we are asking residents to join us and "Take the Pledge" to support the Town's vision of making our roads safer for everyone and reducing the number of fatalities and serious injuries on our roadways.

"Take the Pledge – Keep Stouffville Road Users Safe" campaign aims to raise an awareness and understanding of road safety to all residents in Stouffville, including motorists, cyclists, and pedestrians. The campaign addresses the **Big5Dangers** on our roads:

- 1) Impaired Driving (drugs and/or alcohol);
- 2) Distracted Driving;
- 3) Seatbelt Compliance;
- 4) Aggressive Driving; and,
- 5) Vulnerable Road Users (cyclists, motorcyclists, pedestrians).

Road safety is a shared responsibility. We must all work collectively to change attitudes, behaviours, reduce road fatalities and injuries and shape the future of our roads. Don't wait for a tragedy to happen before you change your road habits, commit to being a responsible road user today. Take the pledge-

I pledge to: be a responsible road user. As a sign of my commitment, I will follow the rules of the road to protect everyone from the overwhelming suffering, grief and injustice caused by road deaths and injuries. No loss of life is acceptable.

More details on the campaign including incentives will be featured in the coming months on the Town website, in social media and *On the Road*.



6 CHECK UP by David Tuley





[above left] The Morales' in 2023

[above right] The Morales' in 2017

Students Lag in Math... But there is Hope, Checkup Reveals

OTR met with Rafael Morales in August 2017. Rafael had just opened Mathnasium at 30 Innovator Avenue, Suite 8. Now, more than five years later, this is our checkup.

Rafael is originally from Colombia, but he has lived in Canada for 23 years. He is educated as a civil engineer and worked in that field. When Rafael moved to Canada his focus turned to math education, his true passion. He started out tutoring and progressed to opening a math-focused learning centre. Rafael gravitated to the growing world of Mathnasium. "I became aware of them while working in this industry. I liked what I saw and decided to learn more. The more I learned, the more I realized that this is a great program that I could bring to the community that would have a truly positive and measurable impact," said Rafael.

Mathnasium is the largest math-only program in North America, with over 1,000 learning centers in North America, South America, Europe, the Middle East, and Asia. The cornerstone of the 'Mathnasium Method' is a special assessment program that allows them to pinpoint where kids are with math, how they learn, what they need help with, and where they need to go. "It is important to understand that Mathnasium is not a tutoring service or homework club. Although we may help a student with their

homework, this program is about where a student is with mathematics," he stated.

Rafael selected Stouffville to open, "Because of the perfect demographic. Parents here in Stouffville tend to value education, even beyond school," he said. The inside of Mathnasium is clean and bright, with red and white walls and black trim. Classical music is consistently being piped through the space. It feels like a lab space for kids. In one corner is a rewards cabinet; a system of incentives links the earning of stars to the selection of toys, gift cards and other rewards. The kids love the rewards and keeps them motivated.

Back in 2017, Rafael showed me how it works, "This is my daughter's assessment book (yes, my daughter is a student here too). These are the assessment tests that she took. It was clear that she needed help in the following areas. A computer analyzed the results and produced a learning plan customized exclusively to her specific needs. Here's my daughter's learning plan. After the assessment, Mathnasium is all about the learning plan."

Now, 5 years later, how is your daughter doing? I asked. "She is a testament to the Mathnasium Method," reported Rafael. "In Grade 8 now, she's doing high school math and math contests. Most importantly, she

understands math - true understanding is more important than learning procedures."

As for the business, Rafael has exceeded his expectations, despite the disruptive pandemic. He started with 5 trained instructors, and now has 15 on staff. Pivoting during the Covid lockdowns, Rafael introduced an online platform to support student learning during this crucial time. Mathnasium now has a hybrid model offering both in-centre and online classes - whichever suits a student's needs. "This is the best decision I could have made. We have helped hundreds of local students. I often get thank you notes from parents." said Rafael proudly.

When we originally met Rafael, the average student was behind one year in mathematics. The headlines in newspapers were frequented with articles titled in doomsday gloom, like "Half of Grade 6 Students fail to meet Ontario Math standards" and "Ontario's math system is broken". Rafael says that students are now 2-3 years behind as a result of the pandemic. "It's like learning stopped in 2019. Schools are struggling to catch them up. Our mission is more important than ever, but I am seeing progress and I am hopeful." he concluded.

To learn more and book a free assessment visit www.mathnasium.ca/stouffville.



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The ripeness of fruits and vegetables at the grocery store, the comfort of contact lenses, and the durability of car tires, all utilize advanced material testing devices to measure hardness. Bareiss is a world leader in manufacturing advanced material testing devices which are influential in the making of finished products that are used in everyday life.

The Bareiss Company was founded in 1954 in Upper Swabia, Germany, by Heinrich Bareiss. Bareiss is a family business, and since 2017, it's been run by the third generation of owners, Katrin Shen and Oliver Wirth, who are the Grandchildren of Heinrich Bareiss. They continue to lead the future as their Grandfather did when he founded the business more than six decades ago. Bareiss has seen rapid growth over the decades, and along with their office in Germany, they now have locations in Shanghai, Hong Kong, Taipei, and of course Stouffville. Bareiss devices are primarily used in the food, pharma (e.g. soft gel capsules, contacts, cosmetics), and plastics & elastomers (e.g. rubber) industries.

Quality has always been one of the most important pillars of Bareiss. Bareiss has been selling products in North America for more than 40-years. Bareiss guarantees reliability and repeatability - that's why their customers like their products, it's because they get the same results. All products are handmade at their newly opened, stateof-the art production building located in Oberdischingen, Germany - there is no subcontracting in any of the manufacturing process of Bareiss products. Even raw materials brought into the production building are machined in house. Some of the more well-known Bareiss customers include: Proctor & Gamble (pharmaceuticals); Adidas (manufacturer of athletic wear); Pirelli and Goodyear (tire manufacturers); Apple, Samsung, Huawei, and Infineon (electronic/semiconductor industries); and BMW, Porsche, Suzuki, Audi, and Rolls-Royce (automobile manufacturers).

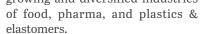
Bareiss produces a variety of material testing devices, that are versatile in their uses and applications, and if required can be non-destructive to the items being tested. To reduce food waste Bareiss has developed a range of test anvils belonging to the Fff (fruit firmness tester) range - which is used by food wholesalers, supermarket chains, producers and research institutes worldwide. This product has become an industry standard device utilized in the fruit industry. The Fff testing device, is used to test the hardness of a fruit to find the exact timing of when to pick fruit, get it on shelves, and then put it on sale. The advantage of this range is that it can assess the firmness of fruit and vegetables in a non-destructive manner, without peeling or cutting - the fruits remain suitable for consumption even after the testing is done. Testing anvils are offered for a variety of foods including: avocados, mangoes, apricots, peaches, plums, cherries, grapes, berries, pears, citrus fruits, carrots, potatoes, broccoli, eggplants as well as for



meat and tofu. The most notable customers of the Bareiss Fruit Firmness Tester are Apeel Sciences and Walmart.

The largest area of future growth in the advanced material testing industry is expected to be in plastics and elastomers. Historically, most consumer products were made of metal, but with it becoming increasingly expensive, many industries are turning to high-quality plastics as an alternative. New plastic and elastomer materials are constantly being introduced to the market, and their applications are being explored by a variety of industries. With Bareiss' extensive research & development and patented industry standard methods, they can come up with comprehensive solutions to meet client needs in material testing.

Bareiss North America opened their location in Stouffville in 2021 to manage and support its customers in Canada, USA, and Mexico, Umair Waheed, COO of Bareiss North America, said Stouffville was chosen as the regional office for North American operations for a number of reasons. On a macro level, Stouffville was chosen for its proximity to millions of people, high ranking universities, skilled talent, and large international airport; and federal policies which provide significant support for new companies and SME's. On a micro level, Stouffville was chosen because of the rapid growth, which has brought with it new infrastructure, buildings, schools, etc. A key value of Bareiss is customer satisfaction. Bareiss expects their customers to have the best experience, so the idyllic approach (with little congestion) into Town and the macro and micro considerations played into why Stouffville was chosen as a new Bareiss office location. Currently, the Stouffville office is operating as a North American distribution centre for the Bareiss products which are manufactured in Germany, but there are bigger plans. The Stouffville office is getting their lab ISO 17025 certified, which will allow them to calibrate Bareiss products. Umair, also wants to make their location an Experience Centre. The Experience Centre will have a host of Bareiss instruments, which will allow customers to bring their samples to the site and have a real time experience with Bareiss material testing solutions. Bareiss is more than just about selling products, but about selling solutions in the growing and diversified industries







[left] Umair Waheed, Chief Operating Officer of Bareiss North America; [above] Oliver Wirth and Katrin Shen – Managing Directors of the Bareiss Company; A *Ball Rebound Tester* and



DATA GIVES BACK

Data Gives Back (DGB) is a local start-up company that really gives back. DGB is a unique social enterprise that offers corporate training and analytical consulting in support of grieving children and families. 25% of revenue is donated back to Seasons Centre for Grieving Children.

Joe Lyons-Rising is Founder & Chief Empathy Officer. Joe is a former Insights Director with 17+ years of expertise in the consumer-packaged goods & food service industry. During the pandemic, Joe decided he would prefer to be closer to the family home in Stouffville. He not only took the risk of launching the start-up DGB, but he also was determined to support grieving children and families, increase awareness of mental health issues and leave the world in a better place than he found it.

Carly Lyons-Rising is Joe's other half and serves as Partner and VP of Public Relations. Carly went to high school in Stouffville. She was delighted when they settled into a home in Downtown Stouffville. "Stouffville has a way of bringing you back," Carly said. They have two daughters, aged 15 and 6. "They love it here," she added. Carly is dedicated to helping grieving children and their families by forging meaningful business relationships with clients.

As for Joe, he is genuine. He exudes empathy. While growing up in Barrie, Joe lost both parents by the age of 10. He recalls having incredible support from family and friends, but it wasn't enough – he needed more to assuage the associated grief. The Barrie community is now served by Seasons Centre for Grieving Children. "I could have used something like this," says Joe, "I'm fully on board and serve as one of their volunteer Executive Grief Ambassadors".

DGB's #1 key performance indicator is the number of grieving children helped. "We have helped 43 since our start in 2020 at \$1600 each," said Joe proudly. If you want to learn more about DGB's wide range of services, see www.datagivesback.com.



LONG AWAITED BALLANTRAE MARKET OPENS

The Ballantrae Market has opened at Ballantrae Gates (Aurora & Hwy. 48). It is a specialty market with European products, imported cheeses, a fresh meat butcher shop, and staple grocery items. It is envisioned that it will soon have a restaurant grill component and a deli. The store is clean and bright, and the owner Bill Stamos and his team are pleasant. On my first visit, I went straight for the thick-cut striploin and Macedonian Sausage with Leaks. Having eaten both, I'll be back.



PIMENTO JERK KITCHEN IS OPEN

Philip and Rose have opened Pimento Jerk Kitchen at 6140 Main St. (former Smokery) for pickup and delivery, offering slow-cooked smoked chicken marinated in a house blend of spices and fresh herbs to achieve an authentic jerk flavour with just the right amount of heat. For a menu and to order, see www.jamaicanbbq.ca.



F45 TO OPEN IN STOUFFVILLE

Functional 45 (better known as "F45") is an Australian-born phenomenon that has landed in 65 countries with over 2,000 studios. It is coming to Stouffville next.

F45 has been described as a social fitness niche. It's not putting your headphones on and throwing around dumbbells. F45 boasts higher retention rates because people are sharing fitness training together. The classes continuously evolve so virtually no two workouts are ever the same. F45's claim is to offer one of the most time-efficient ways of training, with the aim to burn up to 750 calories per 45-minute session.

Brother and sister team, Marc Spillman and Jodi Schmidt, opened the South Newmarket F45 studio on Leslie Street early in 2022. They own another one in Bradford. Now, they have partnered with Ricardo Ramos to open one in Stouffville. Ricardo will manage the Stouffville studio. Ricardo has lived in Stouffville since 2010.

I met the three partners in Newmarket. They wanted me to experience an actual class, to see F45 in action. Before class started, they talked about the F45 approach. The term "community" came up over and over. There's plenty of evidence to support its use, as I witnessed members connect. Just before instruction began, it was announced that Stu had reached a milestone—his 100th class, and everyone applauded; Stu had been to only one fitness class in his life prior to F45.

The Stouffville Studio will open early in the New Year at Mostar Street and Hoover Park Drive.



MANAGING HEALTH FROM THE FEET UP

Growing up as a young soccer player, Nicole Joseph's father always called her his little "Asteri", meaning "Star" in Greek. The name stuck with her. Nicole is a Greek-Canadian dual citizen. She played field hockey for both national teams and was headed to the Olympics in 2004, but the Greek team didn't qualify, although she did later carry the Olympic Torch (photo above).

Being an elite athlete drove her to a career in health care. She studied Kinesiology at York University and then Podiatric Medicine at The Michener Institute. Nicole's professional journey has included working with those with diabetes to becoming the Director of Chiropody within a large multidisciplinary healthcare team - opening clinics in 10 cities throughout Ontario & Quebec.

Nicole always dreamed of opening up her own clinic. When the opportunity came along, she jumped on the chance to open a clinic in the heart of Ballantrae. "Chiropody is a growing & much needed profession," she said, "and my goal is to keep my patient's feet healthy so they can be confident & mobile in their activities of daily living."

Asteri Family Foot Clinic offers a full range of foot-related services, including diabetic care, soft tissue surgeries, orthotics, nail care, and compression stockings. They opened last September and are already fully booked on certain days. No referrals are necessary, simply walk into this Ballantrae Gates clinic (Aurora & Hwy. 48) or call. For more info see asterifootclinic.com.



SUCCESSION AT MOLLER INSURANCE

With a year under his belt as Managing Partner at Moller Insurance, Jim Moller says that prospects remain bright. The firm grew out of his grandparent's home in Scarborough in 1979. Twenty years ago, the family and business moved to Stouffville with Jim's father and uncle at the helm. For high school, Jim attended the Arts York program at Unionville, later graduating from Stouffville High.

After graduating from University in Virginia in 2009, Jim's dad called him back to Stouffville to consider the family business. "I hadn't considered it, but I stayed with it," he said. Jim, with a cropped beard and Millennial youthfulness, married in 2013 and now resides with family in his late-grandfather's house in Stouffville.

In 2021, Jim's father and uncle stepped back from the business. "Times have changed," reflected Jim, "who would have known that insurance against cyber attacks would become a thing?". Despite changing times, he points out that the core values of the company have continued—"Providing meaningful feedback and advice in an increasingly complex industry is a large part of what we deliver. Our relationship with the client has always been a priority. Strong relationships provide additional protection," he said.

Moller Insurance has evolved to be commercial specialists as well. "Our expertise and personalized approach set us apart in the commercial space," concluded Jim. See mollerinsurance.com for more.



BEHIND THE BEAUTY IN BALLANTRAE

The first impression of Rhonda "Ronnie" Wilson is that this Stouffville native is driven. She knew from age 9, she would conquer the beauty industry. In high-school, she completed all compulsory classes by Grade 11 to enable a double co-op in Grade 12 at the Plutino Group talent-agency. At George Brown, she completed a 2 year Make-Up program in 7 months. She then specialized in theatre; working with wigs is what ultimately made her make the switch to hairstyling and completed her Diploma by 20. Ronnie worked in Toronto for 5 years and wound back up in Stouffville at Headlines for 3.5 years.

Ronnie heard the pharmacy on Felcher Blvd. in Ballantrae was moving to a bigger space. "I jumped on it before it got listed," she said. "I've brought a few things here from every experience: our trolleys move, you stay seated. After tremendous research, found a sink design that is actually comfortable. The interior design, warm and cool lighting, etc."

Ronnie reports that they do everything at Behind the Beauty Hair Studio, including extensions, and keratin treatments. With much enthusiasm, she mentions they are one of the few remaining that can deliver a successful perm. "Also, our invisible bead hair extension with no harmful adhesives, is like no other," she added.

Ronnie is personally booked 7-8 weeks out. "Thank goodness we have a great team assembled," she said. For more information, visit **behindthebeauty.ca**.



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With the holidays wrapped up and the start of a new year, the Heritage, Events and Theatre Operations (HETO) team are excited to share our upcoming events as part of the Stouffville Celebrates programme.

We shift our focus to Stouffville Celebrates Heritage with the return of the **2nd Annual Whitchurch-Stouffville Heritage Awards**. Launching on February 13, the online nomination form invites heritage enthusiasts to recognize individuals, corporations and other public or private organizations that have made an extraordinary effort towards the conservation, restoration, or adaptive reuse of a built heritage property within the Town limits.

Upon review of eligible nominations, two awards will be granted – one for a commercial property and one for a private residence. Online nominations can be made from February 13 until March 13, with an awards celebration taking place on June 3, during Doors Open Whitchurch-Stouffville. More information, eligibility criteria and submission guidelines can be found online at cometogetherws.ca/heritageawards.

Onceyou've made your submission for the *Whitchurch-Stouffville Heritage Awards*, be sure to take part in an exciting line up of heritage and family-focused events presented by the Whitchurch-Stouffville Museum & Community Centre in celebration of Family Day and Heritage Week (February 20 and February 26).

With lots to see and do in celebration of Family Day, bring your family to the Whitchurch-Stouffville Museum on Saturday, February 18 between 12:00 p.m. and 4:00 p.m. for *Family Day Weekend at the Museum*, and enjoy an afternoon of tours, snowshoeing (weather permitting), crafts and more! Admission is free, though pre-registration is required at **townofws. ca/active** using barcode 26321.

On February 21 join Museum staff for *Hidden History*, a free event from 6:00 p.m. – 8:00 p.m. at the Whitchurch-Stouffville Museum to learn more about how the Museum came to be, what's in the



collection and how you can get involved. Pre-registration is required at **townofws**. **ca/active** using barcode 26343.

Next up, visit the Museum's exhibit galleries and the Bogarttown Schoolhouse during *Open Late: Extended Hours*, on February 22 from 12:00 p.m. to 8:00 p.m. Admission is free and drop-in guests are welcome.

On February 23 the Museum will present *Lace Up! Public Panel* at 19 on the Park from 6:00 p.m. to 8:00 p.m. with distinguished panelists reminiscing about the history of ice sports in Whitchurch-Stouffville and sharing stories with community members. Please pre-register for this free event at **townofws.ca/active** using barcode 26346.

The final Heritage Week event will wrap up with *Heritage Week Drop In* at the Museum on February 25 from 12:00 p.m. to 4:00 p.m. Guests can enjoy a staff-led tour of the Museum buildings and make a craft during their visit. Pre-registration is required at **townofws.ca/active** using barcode 26350.

These events are proudly presented with support from our community sponsors. The Heritage, Events and Theatre Operations Team and the Town of Whitchurch-Stouffville thank our sponsors for their support and generosity in presenting the Stouffville Celebrates Heritage series. Presenting Sponsor: StateView Homes; Diamond Sponsor: telMAX; Celebration Sponsors: Schell Lumber, Trentadue Torres Group, Tim Hortons, Times Group Corporation, DECAST Ltd., Forest Group,

Treasure Hill, and Orca Equity Limited. We thank you all for your continued support.

Looking for more to do at 19 on the Park? Be sure to join in on their *Masterclass Series*, designed to offer higher learning opportunities related to the world of theatre and entertainment for all ages. Learn from the internationally touring professional, James Croker, in an intimate setting. Co-Artistic Director, Choreographer, Performer, and Set & Prop Designer of Motus O Dance Theatre, James brings his knowledge and experience gained from decades in the industry.

With thirteen sessions available between January 9 and March 6, there's something for everyone! Visit 19onthepark.ca for a complete list and more information about the *Masterclass Series* sessions.

Pre-registration is required, go to - **townofws.ca/active** using the respective session barcode.

Masterclass Series:

January 23 – Dramatic Dance Barcode 25828

February 5 – Fundamental Stagecraft Barcode 25832

February 20 – Red Nose Performer Barcode 25835

February 27 – Acting for the Camera Barcode 25837

March 5 – Stage Combat Barcode 25838 and more...



TOUES, WILLIAM FEOTIVA

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+凡₹ΦΥΛ • 50 FOOT JESUS • ALANNAH KEMP • BAND NAME • BAND OF WEEDS BERNADETTE CONNORS - BILLY AND THE DEVIL - BLACK CREEK REIGN BLACK SUIT DEVIL -BLACKSTOCK - BRIAN LARTER - CAARDIA - CAMDEN CASEY BAKER NEON COWBOY • CASSIE NOBLE • CHALK LAKE • CHIEF & CHIEFTESS CHRIS CADARET - CHRISTINE JACKSON - DAN THE MUSIC MAN - DAVE & SARAH DEANNA DRUDGE - DEREK DURAND - DINAH THORPE - EMERALD B ERIN BLACKSTOCK • EVELYNNE ROSS • FRANCESCA PANETTA • GARTH DYNES GLASS CACTUS - GLENN MARAIS AND THE MOJO TRAIN - GRANT BOYER HONEY JACK - HUNGRY LAKE - I, THE MOUNTAIN - IAN MARC - JONNY STARKES J.P. BELANGER - JULIA MIDDLETON - JULIA ROSE - JULIE MOFFATT - JULIEN KELLAND KATHRYN MERRIAM • LAURELLE AUGUSTYN • LAURIE GREEN • LINZZ B LOCUST HILL - LST IN HLYWD - M.T. WALKER - MARK THACKWAY & BAND MARSHALL VERONI - MATT GUNN - MEEP MOOP - MIKE BURNS - MIKE WEIDMAN MISTY BLUE - MORGAN SADLER - NICK KARKAR - NICOLE HABER - OLD FRIENDS DUO RAGIN DAVE - REID ZOÉ - REVCALL - RIKASHAY - RISE CARMINE - ROB ALMEIDA ROSE JONES • RUSS ROBSON • SCHOOL OF ROCK MARKHAM HOUSE BAND • SEU SILVER PENNY - SLIME DOGS - SONIC - STAR BEAST - STEPH - SYDNEY RILEY TANIA JOY • THE BERESFORDS • THE DJANGO DJUNKIES • THE EVERFLOWING THE MUFFIN MEN • THE MYOHMYS • THE ROCKIN KROLIK • THE TWANGSTERS WAX MANNEQUIN - WAYNE MADDER - ZAC HONEY - MORE TO BE ANNOUNCED













FRIDAY **VILLAGE VENUES**

WINTERSONG MUSIC FESTIVAL 2023 SCHEDULE

THE EARL OF WHITCHURCH

6204 MAIN STREET LINZZ 6:45-7:45 GLASS CACTUS 8:30-9:30 NICK KARKAR 10:15-11:15 REVCALL 11:45-12:45



MULLIGANS

6298 MAIN STREET ROB ALMEIDA 7:00-8:00 JUNESTONE 8:30-9:30 SILVER PENNY 10:00-11:00 GLENN MARAIS AND THE MOJO TRAIN 11:30-12:30

FICKLE PICKLE

6236 MAIN STREET

6302 MAIN STREET MARK THACKWAY 6:45-7:45

MAINSTREET BAKEHOUSE

CHRIS BIRKETT 7:15-8:15 ALANNAH KEMP 8:45-9:45 THE SUN HARMONIC 10:15-11:15

LATCHAM HALL

8 PARK DRIVE HOLLOWSAGE

AND THE THREE MILE ISLANDERS 7:30-8:30 MRS. TORRANCE 10:30-11:30 HUNGRY LAKE 11:45-12:45

SPRING LAKES

4962 STOUFFVILLE ROAD OMBIIGIZI 7:00-8:00 WAX MANNEQUIN 8:00-9:00 DAN MANGAN 9:00-10:00 *TICKETS REQUIRED

SATURDAY **VILLAGE VENUES**

THE EARL OF WHITCHURCH

6204 MAIN STREET

LAURELLE AUGUSTYN 4:45-5:45
ZAC HONEY 6:30-7:30
RISE CARMINE 8:00-9:00
LOCUST HILL 9:30-10:30
SLIME DOGS 11:00-12:00

MAINSTREET BAKEHOUSE

6236 MAIN STREET

JULIE MOFFATT 2:30-3:30 FRANCESCA PANETTA 3:45-4:45 JULIA ROSE 5:15-6:15 MEEP MOOP 6:45-7:45 ROSE JONES 8:15-9:15 KATHRYN MERRIAM 9:45-10:45

MULLIGANS

6298 MAIN STREET

EVELYNNE ROSS 4:00-5:00 MARSHALL VERONI 5:30-6:30 HIS HIS 7:00-8:00 THE EVERFLOWING 8:30-9:30 J.P BELANGER 10:00-11:00 STAR BEAST 11:30-12:30

FICKLE PICKLE

LATCHAM HALL

8 PARK DRIVE

6302 MAIN STREET DJANGO DJUNKIES 12:00-1:00 GARTH DYNES 1:30-2:30 OLD FRIENDS DUO 3:00-4:00 RAGIN DAVE 6:15-7:15 MATT GUNN 7:45-8:45

LST IN HLYWD 2:30-3:15 RIKASHAY 3:45-4:30 BILLY & THE DEVIL 5:00-5:30

JJ & THE PILLARS 6:00-7:00 50 FOOT JESUS 7:30-8:30 CHALK LAKE 9:00-10:00

MAN MADE FOREST 11:45-12:45

KIWI JR. 10:30-11:15

19 ON THE PARK

19 CIVIC AVENUE

THE INDEPENDENT MUSICIAN'S **GUIDE TO THE GALAXY: A Q&A WITH** INDUSTRY EXPERTS 2:00-3:00

A CONVERSATION WITH JEFF WOODS 3:45-4:45

SPRING LAKES

4962 STOUFFVILLE ROAD MEN WITHOUT HATS 5:00-6:00 STARS 9:00-10:00 *TICKETS REQUIRED

FRIDAY SATELLITE VENUES

CHUCKS ROADHOUSE

5892 MAIN STREET

GRANT BOYER 6:00-7:00 BERNADETTE CONNORS 7:30-8:30 **EVAN FARRELL 9:00-10:00**

SONIC 10:30-11:30 HONEY JACK 12:00-1:00

ST. LOUIS

5777 MAIN STREET CAARDIA 7:30-8:30
JULIEN KELLAND 9:00-10:00
CHRISTINE JACKSON 10:30-11:30

1060 HOOVER PARK DRIVE

BOSTON PIZZA

LAURIE GREEN 6:45-7:45 BLACK SUIT DEVIL 8:15-9:15 THE BERESFORDS 9:45-10:45 RUSS ROBSON 11:15-12:15

OAKSIDE

5887 MAIN STREET

DAVE & SARAH 7:00-8:00 TREVOR EASTON 8:30-9:30 THE MYOHMYS 10:00-11:00 CHIEF & CHIEFTESS 11:30-12:30

BOLLOCKS PUB & KITCHEN

1076 HOOVER PARK DRIVE UNIT #9 JONNY STARKES 7:30-8:30 MT WALKER 9:00-10:00 JEROME TUCKER BAND 10:30-11:30

COACH HOUSE

3 FELCHER BLVD

MORGAN SADLER 7:30-8:30 DAN FELUSHKO 9:15-10:15

LATCHAM ART CENTRE

2 PARK DRIVE

EXHIBIT - MATTHEW TRUEMAN: VOICES IN A COOL WET DARKNESS (OPENING RECEPTION) 7:00-9:00

SATURDAY SATELLITE VENUES

LATCHAM GALLERY

2 PARK DRIVE

SOUND JOURNEY ALANNAH KEMP 3:45-4:15 SEU 4:30-5:30 | 口: 西?人 5:45-6:45 DINAH THORPE 7:00-8:00

LATCHAM ART CENTRE / STOUFFVILLE LIBRARY

2 PARK DRIVE

YOUTH STAGE AND MUSICAL WORKSHOPS 12:00-3:45 DAN THE MUSIC MAN 10:45-11:45 (CHILDREN'S PERFORMER) THE MUFFIN MEN 12:30-1:00 BAND NAME 1:15-1:30 JULIA MIDDLETON 1:45-2:00

YETI'S SILENT DISCO 2:00-3:00 CAMDEN 2:15-2:30 SCHOOL OF ROCK HOUSE BAND 2:45-3:45

YETI'S SILENT DISCO 7:00-8:00

CHUCKS ROADHOUSE

5892 MAIN STREET

BLACKSTOCK 4:00-5:00 BAND OF WEEDS 5:30-6:30 CASEY BAKER NEON COWBOY 7:00-8:00 MARK THACKWAY & BAND 8:30-9:30 THE TWANGSTERS 10:00-11:00 MISTY BLUE 11:30-12:30

OAKSIDE

5887 MAIN STREET

IAN MARC 3:30-4:30 REID ŽOE 5:00-6:00 TANIA JOY 6:30-7:30 CHRIS CADARET 8:00-9:00 NICOLE HABER 9:30-10:30

ST. LOUIS

5777 MAIN STREET

TBA 6:00-7:00 MIKE WEIDMAN 7:30-8:30 MIKE BURNS DUO 9:00-10:00

BOLLOCKS PUB & KITCHEN

1076 HOOVER PARK DRIVE UNIT #9

BLACK CREEK REIGN 6:15-7:15 DEANNA DRUDGE 7:45-8:45 I, THE MOUNTAIN 9:15-10:15 THE WAY OUT 10:45-11:45

BOSTON PIZZA

1060 HOOVER PARK DRIVE

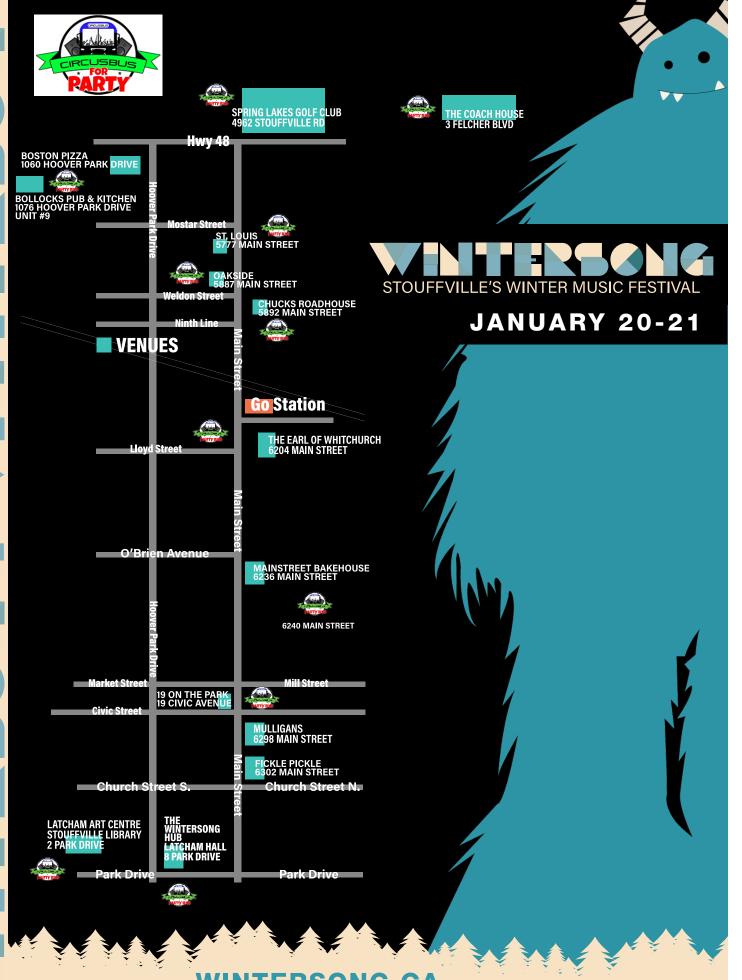
WAYNE MADDER 5:45-6:45 TBA 7:15-8:15 STEPH 8:45-9:45 **SYDNEY RILEY 10:15-11:15**

COACH HOUSE

3 FELCHER BLVD

DEREK DURAND 4:00-5:00 THE ROCKIN KROLIK 5:30-6:30 ERIN BLACKSTOCK 7:00-8:00 **BRIAN LARTER 8:30-9:30**





VISITING THE VILLAGE

by Stouffville Chamber of Commerce



Happy New Year From The Village Business Community!

We're looking forward to a wonderful 2023 and we hope to welcome you to an amazing range of shopping, dining and event experiences.

In January, we're thrilled to be hosting many of the 100+ musical performances at the heart of Wintersong 2023. Throughout the year, we'll celebrate our great community with family-friendly events, ranging from sidewalk sales to street festivals.



Nothing says 'Stouffville Village' quite like the Fickle Pickle. Since 1997, this family-owned restaurant has been serving up delicious home-cooked meals to the Stouffville community. Offering breakfast, lunch and dinner with a Greek flair, Nick and Beth-lee Paraskevakos have always been at the heart of the Village.

These days, Beth-lee and son Joshua are managing the day to day operations, grateful that their loyal customers stuck by them through the pandemic. Beth-lee says it warms her heart to see so many customers who first visited as children, now bringing their own children in for a tasty meal. Virtually everything served at the restaurant is made with the family's own recipes, and Beth-lee believes it's Fickle Pickle's commitment to quality and value that has made the restaurant such a mainstay of the community.

She hopes you'll visit soon, at 6302 Main Street or order online at www.ficklepicklerestaurant.ca.



Anyone who attended Stouffville's Haunted Village street festival would have had a tough time missing Sean King of Edward Jones Financial Services. Sean was the centre of attention with a self-created giant monster head that dispensed candy.

As a former Junior A hockey player, Sean recognizes the power of community. His goal, as a financial advisor, is to "create a place where people can come in the door, take a deep breath, and relax."

Edward Jones offers financial planning, investment advice, brokerage services, insurance and more. Sean says he enjoys educating his clients so they can make financial decisions based on knowledge, not guesswork.

These days, Sean doesn't spend too much time on the ice. He says he wants his customers scoring the goals. Stop by to say hello to Sean King at Edward Jones, 6212 Main Street in Stouffville, or email him at sean.king2@ewardjones.com

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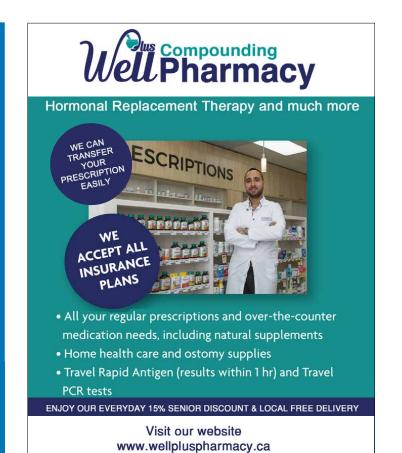
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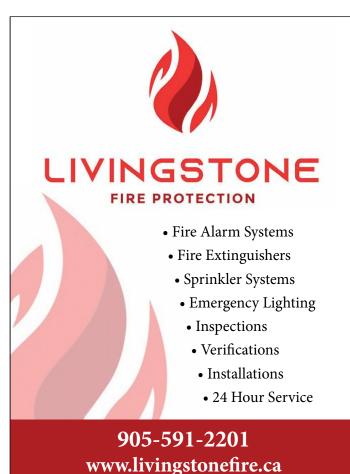
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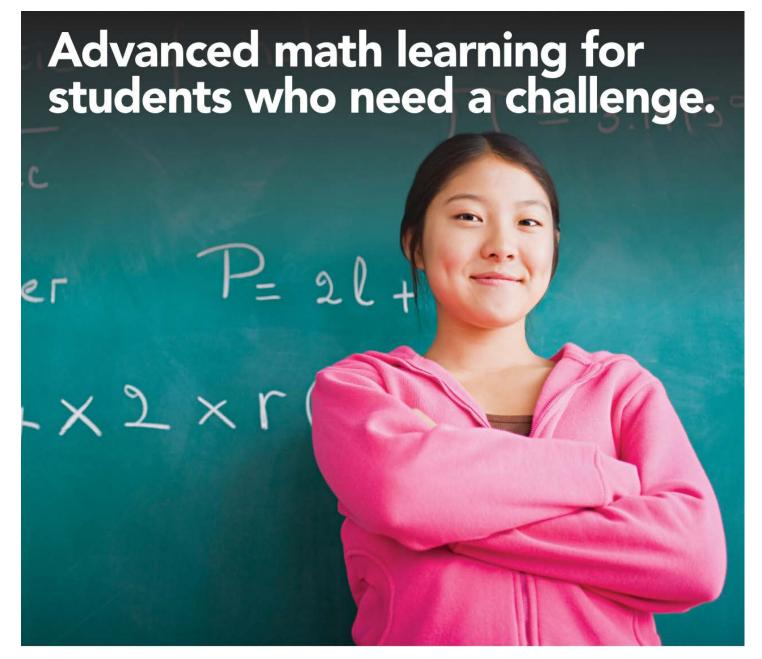


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LABOUR OF LOVE

by Salvatore (Sal) Amenta



To focus on how my uncle Joe is aging well, my October article did not dwell on his family's devotion to him. It glossed over the extraordinary role played by his daughters-in-law in caring for him and his wife, as well as their own parents and families, all the while working full-time. This article pays tribute to the herculean labour of love performed by family caregivers who are, for the most part, women.

How do we explain their inexhaustible energy? It has always been so since time immemorial. After all, it was the women who kept the hearth as the men went off to hunt animals, or one another. In pre-colonial Stouffville it was the Wendat matriarchs who chose the chiefs to negotiate with other tribes and took care of the

community, whether the men were around or not. In my family, it was my sister who took the brunt of caring for our ailing and dying parents, and my wife and her sister who looked after their parents, while working full-time. I am forever teased for saying "I helped", but truth be told it is usually the women who do the heavy lifting because, after all, men have "important work to do" - and limitations.

There are millions of heroic and loving women like these. Relatives and friends my age are among the countless "superwomen" who go above and beyond the duty of care, looking after their ailing husbands until they pass away, then fill up the nursing homes. Women outlive men in our rapidly-aging society which, by 2050, will see Canada's 9 million baby-boomers either getting or giving care. In 2012, StatsCan estimated the value of their unpaid work to be \$24B a year, a decade before our current period in high inflation.

Despite these facts and figures, Ontario provides families a maximum of 90 hours of home care services every 30 days. So who's there for the other 630 hours? The "informal"-i.e., unpaid-family caregivers, that's

Some more stunning numbers: while investing \$6.4 billion on nursing home beds, the Ontario government allocates only \$1.1 billion for home care - the "High Intensity Supports at Home" which could save caregivers from burning out or drowning in despair. It also scrimps on 24/7 care for 700,000 seniors living at home while spending six times that on 70,000 occupying institutional beds!

If that were not bad enough, the paltry 90 hours provided by the ministry are unreliable due to the high turn-over and low wages of support-staff workers - who, no surprise, are mostly women. That means even more stress for family caregivers who, to repeat, are mostly women, many of whom hold down more multiple jobs to make ends

Our neighbouring New York State has a movement called the "Caring Majority." It aims to take better care of its hardworking caregivers. Representing over 100 associations including the American Association of Retired Persons, the movement demands "fair pay for home care" and speaks for seniors, people with disabilities, family caregivers, and care workers. Though the Caring Majority is making inroads in New York State, it is a pity there is nothing like it in Ontario.

Could anything be more appalling than seeing women give so much of themselves, yet get little appreciation in return? In a wealthy province like ours, we should be taking better care of our superwomen. We could start by truly helping them in their labour of love, not just thanking them on Mother's Day. We would all benefit from it.

of the Russian invasion, the Romaniuk's donated relief funds to the Canadian Red Cross (the CRC has provided more than \$122 million to the humanitarian response so far). Feeling like this wasn't enough, John said, "Now what?"

John spoke with his brother in B.C. They hatched an idea to help Ukrainian new arrivals – a book that teaches the use of Canadian currency and provides information about the cost of living. John produced Change for Hope Welcome Book with the help of his girlfriend, a graphic designer. A special component of the book is that it contains actual money - a Loonie and a Toonie, and paper bills (5-10-20-50-100), totaling \$188. John then partnered with CUIAS (Canadian Ukrainian Immigrant Aid Society) to distribute the books. Monies raised for the project go to filling the books. CUIAS supplies charitable receipts to donors.

"The business of giving away money is complicated," says John, "Canada Revenue Agency keeps a close eye on such transactions." He explained that the paper trail has to be bulletproof. Every dollar collected must be tracked - testaments are signed on delivery of the books, and testaments are signed by the recipients. John manually inserts his own cash into the books, which are later reimbursed from donor funds. "None of the money raised goes into production or administration," added John, "100% goes directly to the recipient."

John pays for the cost of printing, which he gets at cost from a printer he knows who fled to Canada in the 1990s from Poland. "The greatest challenge is to find new-looking money - the average Loonie is quite dirty looking," he said. John has partnered with a car wash owner who holds back any shiny coins. The car wash owner is sympathetic to the cause, saying that his father was the only family survivor of the Auschwitz concentration camp.

So far, John says that well over 100 books have been donated by him and his siblings in Edmonton, Toronto, and Victoria, "This is a

very grassroots story," he said. He has set up displays throughout Stouffville, Markham, and Aurora that solicit donations through a QR code. The QR Code was provided by an English firm with a free maintenance package because ironically, the firm is composed of Ukrainian immigrants to England.

John concludes, "\$188 is a lot to ask in these tough times. All I ask is that you donate what you can, and we will pool the funds until a book is filled." To donate, scan the OR code below or see www.canadahelps.org/en/charities/id/2311. Any donations made will be forwarded to CUIAS by CanadaHelps.org.

Ласкаво просимо до Канади





CONTINUED FROM PAGE 3

staff, allowing developers to identify the lands they intend to convey may "result in dedication of small portions of undevelopable lands or remnant parcels that are unsuitable for functional parkland." The Town will "have less control over the lands and how it is developed, further reducing its ability to meet service level demands."

· In addition, affordable and non-profit housing will be exempt from parkland dedication requirements.

Development charges ("DCs") are fees collected from developers at the time a building permit is issued to help pay for the cost of infrastructure required to provide municipal services to the new development. These projects may include road maintenance, infrastructure improvements, facility construction (such as libraries, fire halls or arenas) and other projects that are required as a result of the growth. Significant changes to DCs are part of Bill 23, which, for Stouffville, would take effect in early 2024. These include:

• the phasing in of the new DC charges from a developer over a five-year period. The charges will be subject to a percentage reduction that gradually decreases each year Thus, only 80% of the charge will be able to be collected in year 1. The full charge will not be collected until year five. Based on the staff forecast for residential units expected over the next five-year period (2024-2028), it is estimated that Stouffville will lose \$19.6 million in revenue. Bill 23 also removes studies as eligible costs allowed to be funded by DCs. Based on the Town's current capital forecast to 2032, approximately \$6.7 million in studies will no longer be eligible to be funded by DCs and will now need to be funded by the taxpayer.

Overall, the report states that changes initiated by Bill 23 "will have financial implications for both the taxpayers and

the Town." These financial impacts, as stated above, could amount to close to \$30 million over the next five years, and that does not include the parkland dedication implications nor any costs associated with new staff additions.

The report to Council on December 21 was for their information only. No decisions regarding any impacts by Bill 23 on Stouffville were made. Council did, however, ask staff to report back with more financial impacts, including a detailed evaluation of how these will impact staff hirings. New staff positions are expected to be deliberated at the Budget Meeting

For the complete report, please visit bit. ly/3vB3AWy

COUNCIL MEETINGS:

Council meetings are either 9 a.m. or 7 p.m. every other Wednesday at Town Hall in Stouffville. Agendas at calendar. townofws.ca/council. Listen live: townofws ca/cmlivestream Live tweets: @ws townhall

UKRAINE: CHANGE FOR HOPE WELCOME BOOK

Canada has a long history of admitting Ukrainians. Canada is home to 1.4 million people of Ukrainian descent, which is the world's second-largest body of Ukrainians after Russia. Ukrainians have arrived in Canada in waves beginning with refugees fleeing the Austro-Hungarian Empire in the 1890s, and then after every world war, after the close of the Cold War, and into current times.

Since the Russian invasion of Ukraine in 2022, the number of people who fled Ukraine since February is estimated at 17 million (with 9 million returning) in what the United Nations has said to be the fastest-growing displacement crisis since World War II. Over 140,000 homes have been reported damaged or destroyed, with as many as 8,000 civilians and 13,000 soldiers having been killed (some estimates are as high as 40,000 and 100,000 respectively). Nearly 7 million Ukrainians approach winter with no electricity. Russia's invasion of Ukraine is estimated to have cost \$108 billion in damage to the country's infrastructure, with a projected cost of \$350 billion to rebuild the country.

Almost 140,000 Ukrainians arrived in Canada in 2022, and over 360,000 applications for temporary residency have been approved by the government. Efforts to support Ukrainian refugees have been

underway in Stouffville. In May 2022, OTR interviewed Joel Knights of the Care & Share Thrift Shop to learn what the Mennonite Central Committee has done to support Ukrainians and others dating back to the 1920s. In July 2022, OTR interviewed Lucy Biadi, Sarah Carrick, and Charles Ormrod about local initiatives to support refugees and temporary residents.

Now, we'd like to introduce Warden Avenue resident John Romaniuk, and his family's efforts to support landing Ukrainians. John is of Ukrainian heritage. His grandparents fled to Canada in the 1920s. Like many others at the beginning



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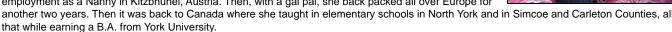
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LANDSCAPE SUPPLIES

MARY ANNE MILLER-CARR

- 1. What is your age? Mary Anne is 84 years old.
- 2. How long have you lived in Stouffville? She, and her later partner Ab, made the "brilliant" move to Stouffville from Richmond Hill on Labour Day, 2004.
- 3. Tell us about your family: Her sister Doreen is still a very active 94 as is Doreen's husband George at 96. Mary Anne has three stepchildren as well as two sisters-in-law.
- 4. Tell us about your career: Born and raised in Noranda, Quebec, Mary Anne attended Ashbury College in Ottawa and then Teachers' College in London, Ontario. In 1959 her first appointment was to a school in Etobicoke where the principal was a chap by the name of Ab Carr, who was to become her partner later in life. After 2 years in Etobicoke, she moved to Calgary and worked for 3 years as Secretary to the Manager at the Calgary Professional Club. Following that it was off to London, England where she worked in administration for the British Iron & Steel Company. That was followed by a winter's employment as a Nanny in Kitzbhuhel, Austria. Then, with a gal pal, she back packed all over Europe for



- 5. What are the highlights of your life? Growing up in Noranda with wonderful parents who made sure that she experienced everything. Mary Anne has had a lifelong love of music, especially choral music. She has sung with the Toronto Symphony Orchestra Chorus and in choirs in London, England and in Calgary.
- 6. "What's life all about Grandma?" Were Mary Anne to have had any grandchildren she would have said that she viewed as her mission in life to help at least one person every week: cooking, flowers, chatting, providing transportation, or just bringing home some joy to them. She would have told her grandchildren that her wonderful life was one dedicated to laughing, singing, loving and teaching little ones for 35 years. What do you like best about life in Stouffville? Mary Anne loves driving everywhere and getting to know the small businesspeople. Stouffville people are REAL and caring people living in beautiful countryside.

IF YOU KNOW A SENIOR THAT IS WORTHY OF SENIOR OF THE MONTH GIVE US AN E-MAIL AT FARMERJACKS@ROGERS.COM







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CONTACT Susan Tucker, otrtipoff@outlook.com



GLENN JACKSON Part of the Local Fabric

Stouffville has a long and very interesting history, including a solid reputation for strong sports teams. Those teams of course, were (and are) made up of individual players who all added to the rich history with everything they brought to town with them. One of those players was born and raised here, raised his own family, and continues to live here and contribute to the fabric that is weaved to create a great town.

Some newspaper headlines written about him include: "breaks junior record", "scores 8th shutout", "in top form", "goaltending star", "tops golf tourney", "struck out 14", "was junior champ", "high scorer", "captures senior championship (age 14)", "a standout", "top batter", "one of the bestknown pitchers", "all star team member", and the list goes on...and on...and on.

You may know the name Glenn Jackson from various Town communiqués because Glenn Jackson Jr is the Manager of Corporate Communications for the Town of Whitchurch-Stouffville. Sorry Jr, this is not about you, this is about the real boss of you, Glenn Sr.!

As the birth announcement reads: "Jackson – Good Friday, April 7, 1944 to Mr. and Mrs. Fred Jackson, Stouffville, a son, at the Brierbush Hospital." For those keeping track, that makes Glenn Jackson Sr. 78 years young today. His family (including his 4 siblings) lived in a few homes around town, starting in the apartments above 2 different Main St. stores, a house on Church

St., one on Main St. and his current home, that belonged to his parents in one of the old parts of town.

Glenn made his livelihood in the flooring business after learning the trade in his father's store. He and his partner Robert Slack have been installing floors together for over 50 years... yes, 50 years of back breaking work! That tells me that there a lot of homes and businesses in town that can boast about having G&R floors. Glenn has always lived by the tenet that if he is going to do a job, he's going to do it right, and that clearly showed in the quality work they did when we had some flooring done in our home. Just in conversation during work breaks, it's clear these two have a lot of life experiences, so much so that sitting for an hour chatting for this column is not near enough time to get the full picture.

Glenn is a quiet, soft-spoken, hard-working, and very humble man. It took some convincing to get him to agree to this column as he felt he was not anything to write about. Many, including me, would disagree. Growing up in small town Stouffville, Glenn was quite the accomplished athlete in multiple sports... actually, he excelled in them all. A sextuple threat you could say. Looking through a scrapbook he was kind enough to lend me, I see it is filled with hundreds of newspaper articles about his victories in hockey, baseball, track & field, bowling, golf, and darts. He racked up the wins for many years as an outstanding goalie on a variety of hockey teams at different levels and had more than a few shut outs and many victories including no-hitters from the baseball pitching mound. He's shot his age in golf more than a couple of times, plus a few holes-in-one, shows he's no slacker! Glenn's got quite a few championships in all his sports to be proud of, and a room full of trophies to show for his accomplishments. It has been said that had the NHL had more than 6 teams back then, he would have been minding the net getting hit with pucks from some of the finest in the league.

2009 saw the closing of our local bowling alley, and being the powerhouse that he was, Glenn was given the honour of throwing the last ball ever at the centre, no surprise he

threw a strike!

He was nominated for the Stouffville Sportsperson of The Year several years ago, a feat which his brother won some 20 years ago, which shows quite the athletic family. Somewhere along the line, he earned the nickname Stoney, possibly from the number of times he 'stonewalled' the opposing team with his exceptional sporting skills. The name seems fitting and has stuck all these years.

Glenn can tell you a lot about the history of Stouffville, it was a town where everybody knew everybody, where kids could be out playing anywhere in town and there were no concerns. He knows some of the people that now have streets named after them. He can tell you many of the local businesses that have come and gone including the one where he learned the art of flooring under his father's tutelage - Fred Jackson

Glenn is retired now, enjoying his time with family & friends, and staying active with darts and golf. If you run into him, try to get him to sit down and chat, he doesn't realize it, but he's got a lot to talk about!





COMFORT FOOD RECIPES

Chicken Coconut Curry Soup & Butter Chicken

I love eating all kinds of food, and I love Now Butter Chicken...sooo good. trying to cook different foods. Sometimes it turns out great, and sometimes it's a fail. Even when it is a fail, I try again to get it right and usually come up with some amazingtasting food. This month I am going to garam masala, 1 tsp salt. introduce you to something a little different than my BBQ adventures. I am going to share with you a couple of my favourite comfort food recipes. Chicken Coconut Curry Soup and Butter Chicken. Both are a little off the path of what I usually write about, but at

First, let's go with the Chicken Coconut Curry Soup

boneless chicken breasts, diced 1 medium the marinade into the chicken. Let stand at Spanish or sweet onion, 1 medium Reb bell pepper, 1 tsp ginger, diced, 2 tsp of garlic diced, the juice of one lime, 1 tsp curry Simple. powder, 1 tsp sugar, 1 can coconut milk, 500 ml of chicken stock and some olive oil. You the heat, one for the sauce and one for the little heat.

Add olive oil, garlic red bell pepper and onion to a medium-sized pot and simmer until they are slightly soft. Then add ginger oil over medium heat in a large saucepan and curry and mix thoroughly. Let that heat for a few minutes. You want the onion and pepper to absorb the curry and ginger heat if they get crispy or browning quickly. flavours. Now add the chicken and cook until tender. The timing of this depends on the size of the diced pieces of chicken. Now you can add the coconut milk, sugar, Add tomatoes; cook for 2 minutes, then lime juice and chicken stock. You want this to simmer for 30 minutes. When ready, you immersion blender and bring to a simmer. can season to taste with salt and fresh black pepper. This is a great soup and you will not be disappointed. I like to have some naan or fresh bread with this to ensure there is no same time. Remove the chicken from the Enjoy and Happy New Year. Dave. waste in my bowl.

For chicken and marinade, you will need these ingredients. 5-6 boneless, skinless chicken breasts cut in 1" - 2" cubes, 2 tbsp lemon juice, 2 cloves garlic minced, 2 tbsp

For the sauce, you will need ¼ cup vegetable oil, 2 ½ cups chopped onion, 2 tbsp garlic coarsely chopped, 3 tbsp garam masala, 2 tsp paprika, ¼ tsp cinnamon, 2 tsp kosher salt or to taste, 2 cups diced tomatoes no-salt-added if canned, 34 cup heavy 35% or this time of year, I find myself making these whipping cream, 3 tbsp butter, 1 tbsp cilantro chopped, to garnish (optional). First, let's marinade the chicken.

Combine all marinade ingredients in a zip-The ingredients you will need are 2 lock bag or shallow baking dish, massaging room temperature while you prepare the sauce, or marinate in the fridge overnight.

We are going to get two pans going on can add a little cayenne pepper if you like a chicken. Get them heating up at the same time. The idea is to cook the chicken before adding it to the sauce.

> For the sauce, we will start by heating or dutch oven. Add onions and slowly cook until golden, about 20 minutes, reducing Add garlic and cook until fragrant, about 1 minute. Stir in garam masala, paprika, cinnamon and salt; cook 2 minutes more. add cream and carefully puree using an

> While making the sauce you are going to want to start cooking the chicken, so the sauce and chicken are done around the marinade and add it to the hot pan. Cook



with DAVE MILL

tales from

CONTACT Dave Mills, david@stouffville.com

the chicken for a few minutes to brown it a little and add it to the sauce after you puree it (discarding the remaining marinade). Cover, and simmer over medium-low heat until cooked through, about 12 - 15 minutes (remove a couple of pieces to make sure they are no longer pink inside). A gentle simmer is required to cook the breasts, so they don't become tough, you don't want to overcook

Stir in butter, taste and add more salt to taste. Serve sprinkled with cilantro, if desired. Serve with your favourite rice and naan bread and you are good to go. I tend to go with Basmati because I always have a large bag of that on hand.

Both of these recipes are easy and delicious. You can't go wrong with a butter chicken meal. I have made the Chicken Coconut Curry Soup as a starter when having a dinner party and I have made it as a meal. Either way, it is a great soup.



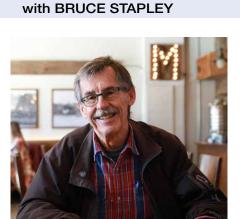








CONTACT Bruce Stapley, bstapley@sympatico.ca



COURTING CRAFT BREWERIES Stouffville Looking to Turn on the Taps

Something's brewing in Stouffville.

And if all the pieces fall into place our town could be home to one or more of the over 340 craft breweries operating in Ontario, the majority of which have sprung up over the past decade.

Neighbouring towns like Uxbridge, Port Perry and Newmarket all boast popular craft brew houses. Anyone who has made the drive to Uxbridge's Second Wedge Brewery on a lovely outdoor day, sat outside with a flight of beers and a snack enjoying the live music already knows the appeal of the craft brewery concept.

The Cornerhouse Restaurant in Downtown Stouffville started serving up a taste of what could lie ahead here when they hired an award-winning home brew master to set up a three-vat micro-brewery at the outset of the pandemic. With four different brews on tap and an upstairs outdoor patio, patrons get to savour the essence of a craft brewery. Cans of their Cock-a-Hoop labelled brews can also be purchased to take home. "It's been really popular," said lead chef Jordan Richardson. "Our whole focus at the restaurant is local so this gives people a local beer option."

According to a recent report released by the Trillium Network for Advanced Manufacturing, the craft brewing industry is the fastest-growing segment of manufacturing in Ontario. They are unique in that they weave together manufacturing,



hospitality, tourism, and agri-food, while their small size, independence and fierce loyalty sets them apart from the international mega-brewing companies.

Many people including Stouffville Mayor Iain Lovatt have wondered how Stouffville continues to be on the outside looking in with regard to offering Town residents and visitors the chance to experience the unique appeal of a local craft brewery. "It's been a mystery to me why no one has invested into the potential for a craft brewery in Stouffville," said the Mayor. "There is no better-positioned municipality in Ontario in my mind for a local craft brewery scene than Stouffville."

The numbers would seem to back up Mayor Lovatt. In a poster published in this magazine last May with the header 'Brew Houses Wanted', Kassandra Pavlou, the Town's Economic Development Officer, Large Business and Industrial, Commercial and Institutional, issued an appeal to potential takers. "The Town of Stouffville is one of the jewels of the GTA, located just north of Toronto on Highway 404," the poster noted. It pointed to the fact that there are 575,000 people aged 20 years and up within a 10 km buffer of the Town, with another 1.8 million located 20 km or closer. Average annual individual spending on alcohol ranges from \$806 to \$936 among those populations.

The poster would seem to have had an impact. "OTR readers are very well connected and spread the word widely," said David Tuley, the Town's Economic Development Officer, Small Business and Community.

"We received about eight inquiries from across Ontario and Quebec." While he suggested the biggest challenge lies in finding the perfect and available commercial space - there have been several near misses in Town over the past decade - the likelihood of a craft brewery setting up here seems to be growing. "To me, craft beer and gourmet eats are an essential part of the growing trend in experiential tourism. We hope to have two to three craft breweries by the end

Mayor Lovatt couldn't be more enthused with the response to the ad. "I am excited about the progress our economic development team has generated for our brewery future," he said.

Mark Hayward, who has spent the last 13 years importing, roasting, and wholesaling premium coffee out of his Velvet Sunrise Coffee Roasters premises on Ringwood Drive, suggests that craft breweries have the same appeal as the independent coffee houses he supplies across the GTA and beyond. "They give the community something they can gather around," he said. "It's like in Germany where each village has its coffee roaster, brewery and winemaker and that's where people go."

Mark suggests the trend today in beer, as with coffee, is for smaller producers as opposed to mass production. "For people who seek out quality, it gives them a place to go, a one-on-one relationship with the brewer, who gets to know what they like and what they don't like."

NEW YOUTH SKATING LESSONS DRAWING RAVE REVIEWS

'To see the sheer joy on the faces of these kids and their parents has been totally gratifying'

A new program providing instruction to Whitchurch-Stouffville children and teens who don't know how to skate is drawing rave reviews from participants and attention from outside the community.

Learn to Skate, aimed at girls and boys aged 8 to 14 years old who want to learn the fundamentals, was launched this fall by Stouffville's Kids First Fund.

Two Wednesday night sessions at the Stouffville Arena were immediately filled and a waiting list created. There is no charge to the 50 participants in the 10-week program.

"It's been amazing," said Peter Harmsen of the Kids First Fund. "To see the sheer joy on the faces of these kids and their parents has been totally gratifying. We have as many family members in the stands watching their children skate Wednesday nights as we do for our minor hockey games. The parents are happy. Some are asking about next steps, including playing hockey."

"It's all about building community through skating," said Harmsen. "We knew there are kids and teens in Stouffville who have never been on skates. We wanted to give them that opportunity to hopefully pick up a pastime they can enjoy for the rest of their lives."

facilitators from the Ontario Minor Hockey Association Coaching Program, local residents and Stouffville Spirit Jr. A players.

Each participant received a complimentary jersey from Hockey Canada, which is supporting the program.

"They are learning the fundamentals of skating," said Harmsen. "And we hope this program will encourage them to come and try hockey with the Whitchurch-Stouffville Minor Hockey Association, Stouffville Markham Stars Girls Hockey Association or the Stouffville Figure Skating Club. It allows children who are unsure about playing hockey the opportunity to try without committing to an entire season.

"But if they never play hockey, they'll know how to skate."

Youth hockey officials in six communities across York Region and Simcoe County have reached out to Harmsen with hopes of running similar classes in their home rinks.

A second set of lessons - including a session for adults - began Jan. 11 at the Stouffville Arena. Registration for both filled up quickly.

There's also interest in offering sledge sessions, possibly next fall.

The Whitchurch-Stouffville Minor Hockey Association established the Kids First Fund in 2011 to provide assistance for local children who wanted to play hockey, but were prevented from doing so by family financial circumstances. The fund, which is supported by donations from local residents and charity events, has expanded to Instructors have included volunteer offer post-secondary bursaries to WSMHA alumni and the learn-to-skate program.

> Additional funding for the 2023 programs has been received from the Whitchurch-Stouffville Legacy Fund.

For more information, go to wsmha.com.

Participants in the inaugural Learn to Skate program, which is for girls and boys 8 to 14 years new to the sport, pose with their instructors at the Stouffville Arena.



SportsTown



CONTACT Jim Mason, jimmason905@gmail.com



Stouffville's own Ryan Harvey is one of five Stouffville Spirit players who will take part in the Ontario Junior Hockey League's All-Star Celebration in Collingwood Jan. 14. (Photo by Ray MacAloney / OJHL Images)

Spirit Jr. A hockey team looks to start new year the way it ended 2022

Things were looking up for the Stouffville Spirit entering 2023:

- The Jr. A team won its final three games of 2022 to move into seventh place in the North-West Conference of the Ontario Junior Hockey League. Already ahead of the Markham Royals, the Spirit (13-16-1-4) would like nothing better than to challenge another York Region rival, the Aurora Tigers, for sixth spot and improved playoff positioning.
- Attendance was up, too, hovering around 300 per game, seventh best in the 21-team league.
- · Five Spirit players were selected to play in the OJHL's All-Star Celebration in Collingwood Jan. 14. Captain Odaro Ewere will represent Stouffville in the nationally-televised (CHCH) all-star game at 3 p.m. Four 17-year-olds - Stouffville's own Ryan Harvev plus Zack Corte, Zach Benayon and Nicolas Morvan will play in the InStat Prospects Game at 7:30 p.m.
- The Spirit have three home games at the Stouffville Arena during the month: Jan. 19 and 26 at 7:30 p.m. and Jan. 15 at 2:30 p.m.
- Spirit players took part in the 2022 Stouffville Santa Claus Parade and volunteered at the Terry Fox Run, the Lions Club Coats for Kids and Royal Canadian Legion Poppy Campaign last fall. Look for the first Spirit's adopt-a-pet campaign, in conjunction with Stouffville's OSPCA Animal Centre, this month.

COMMUNITY NEWS

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COUNCIL & PUBLIC PLANNING MEETINGS

Agendas for Council and Public Meetings will be available for review on our website at 12 p.m. (noon) the Thursday prior to the meeting.

Upcoming Council Meetings:

- Wed. January 18 7 p.m.
- Wed. February 1 7 p.m.
- Wed. February 15 9 a.m.
- Wed. March 1 9 a.m. (Budget)

Upcoming Public Meetings (if required):

- Wed. January 25 7 p.m.
- Wed. February 22 7 p.m.

Residents may watch the meeting live online at townofws.ca/cmlivestream.

Anyone wishing to submit comments, may write to the Town Clerk at clerks@townofws. ca. Anyone wishing to provide comments may attend the meeting in-person at the Municipal Offices, please contact the Town Clerk at clerks@townofws.ca for more information.

Follow all council meetings on Whitchurch-Stouffville's official council Twitter account @ws townhall.

Join our Council E-Newsletter at: eepurl.com/cKPNq9 and receive meeting agendas and summary reports straight in your inbox.

MORE INFO: townofws.ca/council

MUSEUM NEWS

Snowshoe Adventures

January 14, 12:30 – 2:00 p.m. Learn about the history of snowshoes, visit the Museum's Log Cabin, and enjoy a staffled walk around the grounds! Bring-yourown-snowshoes encouraged. Free adult chaperone required.

Pre-Registration required at townofws.ca/ active using barcode 26309. Recommended Ages: 3-12. \$10 + HST per child

P.A. Day: Wondrous Winter Beasts

January 20, 9:00 a.m. – 4:00 p.m. Spend your P.A. Day exploring winter beasts of all kinds from polar bears and penguins to the abominable snowman. Crafts, games

Pre-Registration required at townofws.ca/ active using barcode 26326. Ages 6-12. \$60 + HST per child

Youth Trivia Night at the Museum

January 27, 6:00 – 8:00 p.m. Youth are invited to a fun trivia night at the Whitchurch-Stouffville Museum & Community Centre! This evening will include instructor-led trivia competitions, snacks and more.

Pre-Registration required at townofws.ca/ active using barcode 26337. Recommended Ages: 12-18. \$10 + HST per attendee

P.A. Day: Junior Inventors

February 3, 9:00 a.m. - 4:00 p.m. Learn about inventions that changed the world! From simple machines to the printing press, campers will explore famous inventions and create their own. Pre-Registration required at townofws.ca/ active using barcode 26328. Ages 6-12. \$60 + HST per child

Love Monster

February 9, 10:00 - 11:30 a.m. Enjoy an interactive reading of 'Love Monster', written by Rachel Bright, go on a mini scavenger hunt, and enjoy a craft and

Pre-Registration required at townofws.ca/ active using barcode 26329. Ages 2-6. \$10 + HST per child

Family Day Weekend at the Museum

February 18, 12:00 – 4:00 p.m. Enjoy family fun at the Museum this Family Day weekend! Take a tour, try snowshoeing (weather permitting), make crafts, and

Pre-Registration required at townofws.ca/ active using barcode 26321. All Ages. FREE EVENT

REGISTRATION:

townofws.ca/active

WE NEED VOLUNTEER COMMITTEE MEMBERS!

Volunteer to join a Town of Whitchurch-Stouffville Committee or Appointment.

Application deadline: Friday, January 23, 2023.

Details and applications are available at: townofws.ca/cwg

For more information, contact the Committee Coordinator at clerks@ townofws.ca

Council Appointed Committees:

- Accessibility Advisory Committee
- Heritage Advisory Committee
- Committee of Adjustment/ Appeals Committee

Council Appointments:

- Livestock Valuators
- Poundkeepers

MORE INFO:

townofws.ca/cwg

NINETEEN ON THE PARK - MASTERCLASS SERIES

The Masterclass Series

The Masterclass Series is designed to offer higher learning opportunities related to the world of theatre and entertainment for all ages. Learn from the internationally touring professional, James Croker, in an intimate setting. Co-Artistic Director, Choreographer, Performer, and Set & Prop Designer of Motus O Dance Theatre, James brings his knowledge and experience gained from decades in the industry.

The Structure of Comedy

Monday, January 6 Barcode: 25818

So, you think you're funny? Coming up with ideas for a joke may seem easy but creating something that will make people laugh takes some work. Learn the principle of comedic timing, how to understand the nature of what is funny and when it's funny. 6:30 - 8:30 p.m. Ages 12+

Contact Improvisation

Tickets: \$45.00 + HST

Monday, January 16 Barcode: 25826

Learn the art form of contact improvisation, a style of movement where two or more bodies share one center of gravity. Practice includes rolling, falling, being upside down, following a physical point of contact, supporting and giving weight to a partner 6:30 - 8:30 p.m. Ages 12+ Tickets: \$65.00 + HST

Laban – Educational Dance

Sunday, January 22 Barcode: 25827

Direction, weight, speed, and flow. These are the four categories of human movement in Laban modern dance. Discover new ways to move, explore character in the body, and how to grow your own movement vocabulary 4:30 - 7:30 p.m. Ages 12+ Tickets: \$65.00 + HST

Dramatic Dance

Monday, January 23 Barcode: 25828

In this class, you will learn you how to use movement to express or imitate emotion, character and narrative. You will soon realize dance movements are often closely related to everyday forms of expressions. 6:30 - 8:30 p.m. Ages 12+ Tickets: \$45.00 + HST

Fundamental Stagecraft

Sunday February 5, 2023 Barcode: 25832

Students will learn basic and advanced techniques on how to present themselves on stage to an audience. Learn the building blocks on how to create eye-catching scenes on stage to keep your audience engaged.

4:30 - 6:30 p.m. Ages 12+ Tickets: \$45.00 + HST

Move Your Body, Grow Your Brain!

Monday February 6 Barcode: 25833

Incorporating exercise and movement throughout the school day makes students less fidgety and more focused on learning. Learn how to easily integrate movement into your daily schedule. 6:30-8:30 p.m. Ages 12+

Tickets: \$45.00 + HST

Presenting a Monologue

Monday, February 13 Barcode: 25834

Choosing, prepping and presenting a monologue can seem like a daunting feat. Whether you're looking to get cast in a school ensemble or an Off-Broadway revival, this class will walk you through the steps and give you the tools you'll need to

6:30-9:30 p.m. Ages 12+ Tickets: \$65.00 + HST

Red Nose Performer

Monday, February 20 Barcode: 25835

In this class, students will tap into their inner clown and be introduced to the fundamentals of red nose performance. A must have for any actor or performer looking to build up their craft's foundation. 6:30 - 8:30 p.m. Ages 12+

Tickets: \$45.00 + HST

Physical Theatre

Sunday, February 26 Barcode: 25836

Students will learn how to use the body to convey storytelling and present characters through physical movement. Through the combination of many techniques, learn how to express yourself through acting, dance, and a diverse range of art forms. 4:30 - 7:30 p.m. Ages 12+

Tickets: \$45.00 + HST

Acting for the Camera

Monday, February 27 Barcode: 25837

Get comfortable in your acting craft on camera as we navigate the world of performing arts. Expand your acting portfolio and review a range of acting techniques such as how to prep and present yourself for the camera. 6:30 - 8:30 p.m. Ages 12+

Tickets: \$45.00 + HST

REGISTRATION:

townofws.ca/active

19 ON THE PARK: 19onthepark.ca

19 Civic Avenue

Stouffville, L4A 1G5 Inquiries: (905) 640-2322



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Let's talk about **Bruxism!**

BRUXISM, OR TEETH GRINDING, MOST OFTEN OCCURS AT NIGHT. IT IS OFTEN LINKED TO STRESS AND ANXIETY.

People who suffer from bruxism clench, grind or gnash their teeth and are not even aware they are doing it. It can lead to cracked, chipped, broken or loose teeth, and even damage to the joint in your jaw.

Talk to your dentist if you have teeth sensitivity, jaw pain or headaches in the mornings.



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UXBRIDGE 905.862.0101

I2 Bascom St., Uxbridge ON L9P IJ3 uxbridge@perladental.ca

STOUFFVILLE 905.591.6668

6668 Main St., Stouffville ON L4A 7W9 stouffville@perladental.ca