

playbook

recreation
older adults
fitness
swimming
museum
theatre
parks
events

Summer 2026

Make the Most of Summer!

From trying something new to staying active and meeting new friends, there's something for everyone this season. Explore our Play Book and find your perfect way to play!



Subscribe to Leisure Notices

Distributed as-needed for unexpected program and facility interruptions.

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Summer 2026 Registration

🏠 Residents:

Tuesday, June 2, 2026

Online and in-person at 12 PM, noon

🚗 Non-Residents:

Tuesday, June 9, 2026

Online and in-person at 12 PM, noon

Non-residents are subject to a 20% surcharge to register in Town programs



Most programs begin Monday, June 29, 2026

Ready to start your wellness journey?



Register at townofws.ca/active

- **Have questions or need help with registrations?** Call 905-642-PLAY (7529).
- **Looking for fee subsidies?** Visit townofws.ca/register for help in supporting your family's active lifestyle.
- **Everyone needs a login for access to register.** Create a login by completing the Online Account Form at townofws.ca/register, and emailing it to leisure.services@townofws.ca along with proof of Stouffville residency.

Quick Tip

Speed up your family's registration!

Activate your family's account before registration opens. Once you apply, we will have your account ready for you within 48 hours.

Town facilities

- 📍 **Whitchurch-Stouffville Leisure Centre**
2 Park Dr
905-642-PLAY (7529)
- 📍 **Whitchurch-Stouffville Museum & Community Centre**
14732 Woodbine Ave
(905) 727-8954
- 📍 **19 on the Park Theatre**
19 Civic Ave
(905) 640-2322
- 📍 **Stouffville Arena**
12483 Ninth Line
(905) 640-1900 ex. 2287
- 📍 **Stouffville Clippers Sports Complex**
120 Weldon Rd
(905) 640-1900 ex. 2287
- 📍 **Latcham Hall**
8 Park Dr
(905) 640-1900 ex. 2290
- 📍 **Lemonville Community Centre**
13453 McCowan Rd
(905) 640-1900 ex. 2290
- 📍 **Ballantrae Community Centre & Ballantrae Field House**
5592 Aurora Sideroad
(905) 640-1900 ex. 2290

Looking to book a facility?

Contact us at facilitybooking@townofws.ca for general inquiries or call the facility's number above.

Drop-In Programs

In addition to many fun registered programs, the Town also offers a variety of drop-in activities



Skating

We offer a variety of skating and shinny drop-in programs at our two indoor arenas, the Stouffville Arena and the Clippers Complex, both located in the community of Stouffville.



Swimming

At the Leisure Centre, we offer drop-in lane swims, leisure swims, family swims and aquafit classes. Consider one of our membership options for unlimited access to drop-in swim programs.



Gymnasium

We offer a variety of drop-in recreational sports and activities for all ages and abilities, year-round, at the Leisure Centre.



Group Fitness

Let us help you meet your health and fitness goals! Browse through our wide range of group fitness classes to find the right one for you. Consider one of our membership options for unlimited access to our Group Fitness classes.



Stouffville 55+ Club

Become a member and join us at 6240 Main Street for a variety of drop-in activities that suit your interests and lifestyle. New members are always welcome!

adapted

Social Club

Ages 18+ Ballantrae CC \$170

Each week features themed recreational group activities in an informal setting. Activities include functional fitness, memory games, art and life skills. Everyone will improve their social, mental, emotional and physical talents while working towards achieving personal goals.

This program is run in partnership with Community Living York South.

Dates	Day	Time	Code
July 8 - Aug 26	Wed	1:00 PM - 3:00 PM	40646



Would your child benefit from the assistance of a volunteer to participate in any of our other recreational programs?



Please visit our website to find out how we can help support your child.

Note



Free Community Roller Skate Nights

The Youth Advisory Working Group (YAWG), in partnership with SUSO Skate Co., is hosting free community roller skating nights every Thursday from July 9 - August 27 at the Memorial Park Multi-Purpose Trail.

Each evening features three time slots:

All ages	6:00 – 6:45 PM
	7:00 – 7:45 PM
Grades 7-12	8:00 – 8:45 PM



SUSO Skate Co. will provide a DJ, skate rentals, and on-site support. Inclusive options for different abilities are available.

Permitted equipment: rollerskates, rollerblades, wheelchairs, strollers, kick scooters (non-marking wheels)

Register for priority rental access. Sizes are first come, first served.

skating & ice sports

Preschool: Skater 1

Ages 3-5 Stouffville Clippers Sports Complex \$62.50

Skater 1 is for individuals who have never skated before or for skaters who may have been on the ice only a few times. Skaters in this level will work on being able to stand independently on the ice and move without assistance.

Dates	Day	Time	Code
Jul 6 - Jul 10	Mon - Fri	9:00 AM - 9:30 AM	40592
Aug 17 - Aug 21	Mon - Fri	9:00 AM - 9:30 AM	40593

Preschool: Skater 2

Ages 3-5 Stouffville Clippers Sports Complex \$62.50

Skater 2 is for skaters who can stand and move independently on the ice and are able to fall and get up on their own. Skaters will work on skating forward, backwards and stopping.

Dates	Day	Time	Code
Jul 6 - Jul 10	Mon - Fri	9:00 AM - 9:30 AM	40591
Aug 17 - Aug 21	Mon - Fri	9:00 AM - 9:30 AM	40594



Skating: All Ages

Ages 3+ Stouffville Clippers Sports Complex \$65

This is a beginner level skating program that will focus on forward skating and stopping. Lessons will be tailored to meet the need of each participant.

Dates	Day	Time	Code
Jul 6 - Jul 10	Mon - Fri	12:00 PM - 12:45 PM	40595
Jul 27 - Jul 31	Mon - Fri	12:00 PM - 12:45 PM	40596
Aug 17 - Aug 21	Mon - Fri	12:00 PM - 12:45 PM	40597

Note

Please come prepared for your Skating Lessons

Participants are required to have their own skates. Children should be able to work independently (free from caregiver) in a group setting.

Children MUST wear a CSA approved hockey helmet and face mask (Bicycle and ski helmets are not permitted). Gloves/mitts and warm clothing are also required. Failure to arrive with the proper safety equipment will result in non-participation.

preschool

: Caregiver Attendance Required

: Drop-off Program
Participants must be potty-trained.

Soccer: Playball Soccer 2's Can Play Too



Age 2 TEVA Fields \$240

Introduce your preschooler to a gentle, non-competitive and fun time of playing soccer and developing gross motor skills. With a wide range of activities to stimulate and improve your children's overall development, this program builds the foundation for participant's successful future participation in soccer and team sports. This program is offered in partnership with Playball.

Dates	Day	Time	Code
Jun 9 - Aug 25	Tue	5:45 PM - 6:15 PM	39500
Jun 11 - Aug 27	Thu	5:45 PM - 6:15 PM	39501
Jun 13 - Aug 29*	Sat	9:00 AM - 9:30 AM	39502

*shorter session | \$220



Note

Holiday Closures

Programs will not run on **Wednesday, July 1** for Canada Day, and **Monday August 3** for Civic Holiday



Soccer: Playball Soccer for 3's

Age 3 TEVA Fields \$240

A fun, non-competitive and safe introduction to soccer and gross motor skills. With a wide range of activities to stimulate and improve your child's overall development, Playball Soccer is for everyone! This program is offered in partnership with Playball.

Dates	Day	Time	Code
Jun 9 - Aug 25	Tue	6:15 PM - 7:00 PM	39503
Jun 11 - Aug 27	Thu	6:15 PM - 7:00 PM	39504
Jun 13 - Aug 29*	Sat	9:30 AM - 10:15 AM	39505

*shorter session | \$220

NEW

Sports Galore: Caregiver & Me



Ages 2-4 Lesiure Centre \$50

Children will work on the fundamental movement skills needed for development in sport and physical activity, and an introduction to various sports such as soccer and hockey. Classes will include different activities to practice agility, balance and coordination through drills, games and obstacle courses.

Dates	Day	Time	Code
Jul 6 - Jul 27	Mon	5:30 PM - 6:15 PM	40598
Aug 10 - Aug 31	Mon	5:30 PM - 6:15 PM	40601

NEW

Summer Storybook Sessions

Ages 3-5 Latcham Hall \$50

Dive into beloved children’s literature classics! Each class will focus on a favourite storybook and explore the themes and characters of the story through song, dramatic play, and hands on crafts and activities.

Dates	Day	Time	Code
Aug 4 - Aug 25	Tue	6:00 PM - 7:00 PM	40603

NEW

T-Ball: Learn to Play

Ages 4-6 TEVA Fields \$50

Take me out to the ball game! Come learn the basics of t-ball including hitting, throwing and catching while having fun with your new friends!

Dates	Day	Time	Code
Jul 6 - Jul 27	Mon	6:30 PM - 7:15 PM	40600
Aug 10 - Aug 31	Mon	6:30 PM - 7:15 PM	40599



Taekwon-Do: Little Dragons

Ages 4-6 Stouffville Arena \$304

Kids have fun getting fit and learning focus and self-control with Taekwondo training. Participants will work on exercise routines, kicking drills and self-defense techniques.

This program is delivered in partnership with Woodbridge Taekwon-Do Inc. as part of the International Chang-Hon Taekwon-Do Federation.

Uniforms are required for this program and are purchased from the instructors during the first two weeks of class. The cost of the uniform is \$87. Testing fees for level completion are an additional charge.

Dates	Day	Time	Code
Jun 30 - Sep 3	Tue & Thu	6:00 PM - 6:45 PM	40588

2026 Summer Camps

Get ready to take summer fun to a whole new level!



Pick up a Camps Guide at your nearest Town facility or download at townofws.ca/camps

children

NEW

Breakfast & Brunch Baking

Ages 7-10 Latcham Hall \$72

Breakfast is an important meal for growing children! Whether they enjoy it when the sun comes up or for a dinner treat, encouraging kids to help in the kitchen will result in tasty food options that your child will happily enjoy. Get inspired and build confidence with this special summer class.

Dates	Day	Time	Code
Jul 7 - Jul 28	Tue	6:00 PM - 7:00 PM	40602

Pickleball: Learn to Play

Leisure Centre - Pickleball Courts \$120

Serve, smash, rally! Participants will learn the basics of pickleball in a fun and supportive environment.

Ages 7-9

Dates	Day	Time	Code
Jul 8 - Sep 2	Wed	5:00 PM - 6:00 PM	40584

Ages 10-12

Dates	Day	Time	Code
Jul 8 - Sep 2	Wed	6:00 PM - 7:00 PM	40585



Taekwon-Do

Ages 7-12 Stouffville Arena \$304

Kids have a lot of energy! This training gives them a healthy outlet while having fun, staying fit and learning focus, integrity, and confidence. *This program is delivered in partnership with Woodbridge Taekwon-Do Inc. as part of the International ChangHon Taekwon-Do Federation.*

Uniforms are required for this program and are purchased from the instructors during the first two weeks of class. The cost of the uniform is \$87. Testing fees for level completion are an additional charge.

White Belt - Beginner

Pre-requisite: None.

Dates	Day	Time	Code
Jun 30 - Sep 3	Tue & Thu	7:00 PM - 8:00 PM	40590

Belt levels Yellow Stripe and above

Pre-requisite: Successful completion of the white belt level

Dates	Day	Time	Code
Jun 30 - Sep 3	Tue & Thu	7:00 PM - 8:00 PM	40587

Note

Drop into fun!

View the full drop-in schedule at townofws.ca/dropin



Tennis: Beginner

Leisure Centre - Tennis Courts \$225

Serve, volley, rally! Participants will learn the basics of tennis in a fun and supportive environment. *This program is in partnership with Lander Management Group.*

Ages 7-9

Dates	Day	Time	Code
Jul 2 - Aug 27	Thu	6:00 PM - 7:00 PM	40563

Ages 7-9

Dates	Day	Time	Code
Jul 4 - Aug 9	Sat	9:00 AM - 10:00 AM	40565

Ages 10-12

Dates	Day	Time	Code
Jun 30 - Aug 25	Tues	6:00 PM - 7:00 PM	40562

Ages 10-12

Dates	Day	Time	Code
Jul 4 - Aug 29	Sat	10:00 AM - 11:00 AM	40564



Note

Turn up the music!

Zumba® Youth gets kids dancing with fun routines, playful games, and global vibes that build confidence and healthy habits. *Flip to page 49 for more information!*

Tennis: Beginner PLUS

Ages 7-12 Leisure Centre - Tennis Courts \$345

Serve, volley, rally! This extended tennis beginners program will introduce participants to foundational skills in a supportive learning environment. If you're interested in accelerating your tennis skills and knowledge then this program is for you. *This program is in partnership with Lander Management Group.*

Dates	Day	Time	Code
Jun 30 - Aug 27	Tue & Thu	5:00 PM - 6:00 PM	40566



Tennis: Intermediate

Leisure Centre - Tennis Courts \$225

This program is designed to help participants who want to improve their game and strategic play. Participants will use drills and game play to take their tennis game to the next level. *This program is in partnership with Lander Management Group.*

Ages 7-9

Dates	Day	Time	Code
Jul 2 - Aug 27	Thu	7:00 PM - 8:00 PM	40567

Ages 10-12

Dates	Day	Time	Code
Jun 30 - Aug 25	Tue	7:00 PM - 8:00 PM	40561

STOUFFVILLE DAY CAMPS

SUMMER 2026

Adventure starts here!



Sign up for
adventure today!



townofws.ca/camps

youth

Taekwon-Do

Ages 13-18 *Stouffville Arena* **\$304**

This training gives youth a healthy outlet while having fun, staying fit and learning focus, integrity, and confidence. *This program is delivered in partnership with Woodbridge Taekwon-Do Inc. as part of the International ChangHon Taekwon-Do Federation.* Uniforms are required for this program and are purchased from the instructors during the first two weeks of class. The cost of the uniform is \$87. Testing fees for level completion are an additional charge.

White Belt - Beginner

Pre-requisite: None.

Dates	Day	Time	Code
Jun 30 - Sep 3	Tue & Thu	7:00 PM - 8:00 PM	40589

Belt levels Yellow Stripe and above

Pre-requisite: Successful completion of the white belt level or higher

Dates	Day	Time	Code
Jun 30 - Sep 3	Tue & Thu	7:00 PM - 8:00 PM	40586



Summer Camp Programs

Assistant Counsellor Program

Ages 14-16 *Leisure Centre* **\$150**

The Assistant Counsellor Program empowers youth to step into leadership roles and gain real-world experience in a supportive camp environment. Participants develop practical skills in communication, teamwork, problem-solving, behaviour guidance, and activity facilitation; skills that translate directly into future summer employment, volunteer opportunities, and leadership positions both in and out of camp. Through hands-on mentorship from experienced staff, Assistant Counsellors learn how to lead groups, support camper needs, create engaging activities, and contribute to a positive and inclusive camp culture. Many participants use this program as a pathway to becoming future Camp Counsellors, Supervisors, or leaders within their community. To participate, youth must attend mandatory training and submit two reference letters. Participants aged 16+ are also required to submit a Vulnerable Sector Check (VSC) from YRPS. All documentation must be provided prior to the training dates.

A minimum two-week commitment is required to ensure a consistent and meaningful learning experience. Hours worked in the camp setting as an Assistant Counsellor can also be applied toward your high school volunteer hours requirement.

Dates	Day	Time	Code
June 15 & 17	Mon & Wed	6:00 PM - 9:00 PM	39742
June 16 & 18	Tue & Thu	6:00 PM - 9:00 PM	39743



adult

Country Line Dancing

Ages 18+ *6240 Main Street* **\$56**

Beginner/Improver

Learn the basics, build confidence, and have fun! This welcoming class introduces line dancing fundamentals, terminology and progresses to more intricate routines, all taught at a comfortable pace with great music. You will learn classic line dances as well as current trends in an enjoyable experience for all adult ages.

Dates	Day	Time	Code
Jul 6 - Jul 27	Mon	6:00 PM - 7:00 PM	40551
Jul 6 - Jul 27	Mon	7:00 PM - 8:00 PM	40552
Aug 17 - Aug 31*	Mon	6:00 PM - 7:00 PM	40568
Aug 17 - Aug 31*	Mon	7:00 PM - 8:00 PM	40569

***shorter session | \$42**

Intermediate/Advanced

Level up your line dancing skills! This class is for experienced line dancers who have a strong knowledge of line dancing terminology and love a challenge. Expect dynamic choreography with longer, more detailed routines that are perfect for anyone looking to build on their skills in a supportive and social environment.

Dates	Day	Time	Code
Jul 6 - Jul 27	Mon	8:00 PM - 9:00 PM	40553
Aug 17 - Aug 31*	Mon	8:00 PM - 9:00 PM	40570

***shorter session | \$42**

Note

Holiday Closures

Programs will not run on **Wednesday, July 1** for Canada Day, and **Monday August 3** for Civic Holiday



Pickleball: Learn to Play (Outdoor)

Ages 18+ *Memorial Park - Pickleball Courts* **\$56**

Are you interested in learning to play pickleball, but aren't sure where to start? If you've ever wondered what this fast-growing sport is all about, our "Learn to Play" sessions are for you. You will learn the rules of play and game etiquette while having fun with other beginners. Please bring your own paddles, though extras are provided.

Dates	Day	Time	Code
Jul 6 - Jul 27	Mon	3:30 PM - 5:00 PM	40549
Aug 10 - Sep 1	Mon	3:30 PM - 5:00 PM	40550



Stouffville 55+ Club
 6240 Main Street, Stouffville, L4A 1E2
 905-642-7529 ext. 5332

FREE Stouffville 55+ Club memberships give Stouffville's older adult residents discounts on registered programs at 6240 Main Street and access to free drop-in programs.



Our FREE Drop-In Programs are the perfect way to stay active, boost your well-being, and make lasting friendships.



Dive into a world of fitness, laughter, and connection as you explore our tailored activities, from gentle yoga to engaging card games and social gatherings.



Unleash the power of community as you meet like-minded individuals and enjoy a vibrant atmosphere filled with shared experiences.

Hours of Operation

Monday	9:30 AM – 4:00 PM
Tuesday	9:30 AM – 4:00 PM 6:00 PM – 9:00 PM
Wednesday	9:30 AM – 4:00 PM
Thursday	9:30 AM – 4:00 PM
Friday	9:30 AM – 4:00 PM 6:00 PM – 10:00 PM
Saturday	Closed
Sunday	9:30 AM – 1:00 PM

Visit townofws.ca/55plus or email 55plus@townofws.ca for more details.

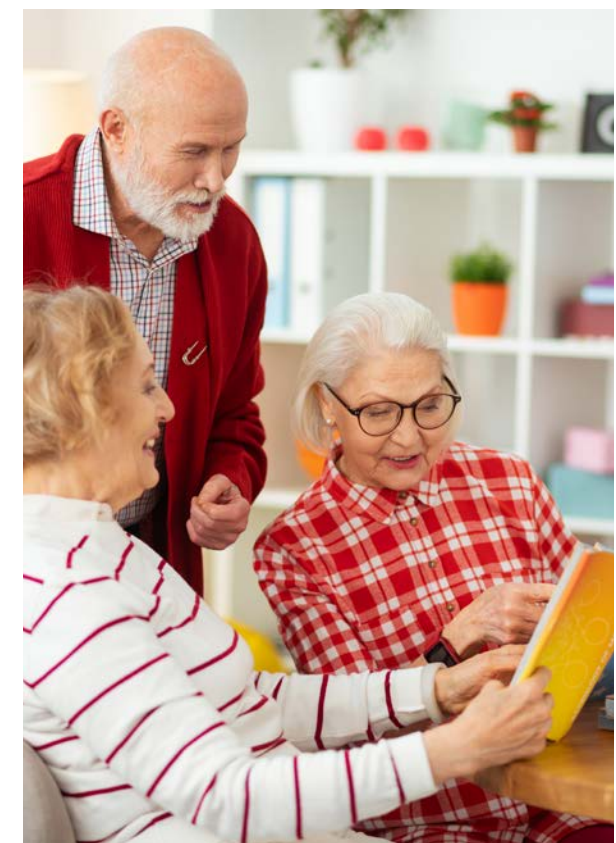
Book Club

6240 Main Street **Free for members**

There's nothing better than a good book to help engage in conversation and meet new friends. Activity is supported by Stouffville 55+ Club Membership. Registration is required by emailing 55plus@townofws.ca or visiting the front desk of 6240 Main Street.

Dates	Day	Time	Code
Jul 24	Fri	1:30 PM - 3:00 PM	40572
Aug 28	Fri	1:30 PM - 3:00 PM	40573

Dates	Day	Time	Code
Jul 17	Fri	1:30 PM - 3:00 PM	40574
Aug 21	Fri	1:30 PM - 3:00 PM	40575



Dates	Day	Time	Code
Jul 10	Fri	1:30 PM - 3:00 PM	40576
Aug 14	Fri	1:30 PM - 3:00 PM	40577

Dates	Day	Time	Code
Jul 3	Fri	1:30 PM - 3:00 PM	40578
Aug 7	Fri	1:30 PM - 3:00 PM	40579

Dates	Day	Time	Code
Jul 22	Wed	7:00 PM - 9:30 PM	40580
Aug 26	Wed	7:00 PM - 9:30 PM	40581

Dates	Day	Time	Code
Jul 15	Wed	7:00 PM - 9:30 PM	40582
Aug 19	Wed	7:00 PM - 9:30 PM	40583

Note

There's more to discover at the Stouffville 55+ Club!

From engaging drop-in activities like table tennis, painting, and card games, to specialized clinics for hearing, foot care, and tech support, there's something for everyone.

With free membership for residents aged 55+, it's the perfect opportunity to stay active, learn new skills, and connect with others in a welcoming space.



For the full schedule and to register for select programs, visit townofws.ca/dropin. Join us at 6240 Main Street and make the most of this dynamic community!

NEW

Summer Singing

Ages 55+ \$36 members
6240 Main Street \$43.20 non-members

Celebrate the brighter evening skies by gathering with friends to learn favourite pop & folk songs, simple harmonies, and enjoy music that brings back happy summer memories.

Dates	Day	Time	Code
Jul 7 - Jul 28	Tue	7:00 PM - 8:00 PM	40613
Aug 4 - Aug 25	Tue	7:00 PM - 8:00 PM	40614



55+ Drop-in Programs

Note



Become a member for free and join us for a variety of drop-in activities that suit your interests and lifestyle.

View the full drop-in schedule by scanning the QR code provided or townofws.ca/dropin

Line Dancing

6240 Main Street \$40 members
\$48 non-members

Join in for a toe-tapping, boot-scootin' good time as you learn classic line dances set to country music you love. Whether you're new to the floor for our beginner class or ready for the next level in intermediate, our welcoming atmosphere and easy-to-follow instruction will have you dancing in no time.

Dates	Day	Time	Code
Jul 8 - 29	Wed	12:00 PM - 1:00 PM	40604
Aug 19 - Sep 2*	Wed	12:00 PM - 1:00 PM	40605

*shorter session | \$30 members, \$36 non-members

Dates	Day	Time	Code
Jul 8 - 29	Wed	1:00 PM - 2:00 PM	40606
Aug 19 - Sep 2*	Wed	1:00 PM - 2:00 PM	40607

*shorter session | \$30 members, \$36 non-members

Practice Bridge

6240 Main Street Free for members

This program is suitable for those who know some basics of contract bridge but want to brush up on bidding and playing skills and learn what is new in bridge. Participants may join at any time and are encouraged to register to aid in class planning. Activity fee is supported by Stouffville 55+ Club membership.

Dates	Day	Time	Code
Jul 9 - Aug 27	Thu	10:00 AM - 11:30 AM	40608

Note

Please note that HST applies to all adult and family programs.



Ukulele

Ages 55+ \$36 members
6240 Main Street \$43.20 non-members

Learn beginner ukulele techniques and musical foundations needed to play simple scales and songs. Become the life of the party at your next campfire! Participants must bring their own ukulele.

Dates	Day	Time	Code
Jul 7 - Jul 28	Tue	7:00 PM - 8:00 PM	40611
Aug 4 - Aug 25	Tue	7:00 PM - 8:00 PM	40612

Writing Club

6240 Main Street Free for members

Enjoy discussion, learning and sharing around topics of literary interest to help inspire and create written work. Activity is supported by 55+ Club Membership. Registration is required by emailing 55plus@townofws.ca or visiting the front desk of 6240 Main Street.

Dates	Day	Time	Code
Jul 28	Tue	7:00 PM - 9:30 PM	40609
Aug 25	Tue	7:00 PM - 9:30 PM	40610

Fitness

Forever Fit

Ages 55+ **\$38 members**
6240 Main Street **\$45.60 non-members**

Cardio components will enhance heart and lung function while strengthening components improve balance, flexibility, bone density and coordination. Great for those that wish to improve and maintain health and wellness.

Dates	Day	Time	Code
Jul 7 - Jul 28	Tue	6:00 PM - 7:00 PM	40617
Jul 10 - Jul 31	Fri	9:30 AM - 10:30 AM	40615
Aug 4 - Aug 25	Tue	6:00 PM - 7:00 PM	40618
Aug 7 - Aug 28	Fri	9:30 AM - 10:30 AM	40616

Osteo Fit

Ages 55+ **\$38 members**
6240 Main Street **\$45.60 non-members**

If you have been diagnosed with bone degeneration, this class has been developed with your needs in mind. This low impact cardio class includes weight bearing exercises and resistance conditioning to help support your bone mass and density.

Dates	Day	Time	Code
Jul 6 - Jul 27	Mon	11:10 AM - 12:10 PM	40619
Jul 7 - Jul 28	Tue	9:30 AM - 10:30 AM	40621
Aug 10 - Aug 24	Mon	11:10 AM - 12:10 PM	40620
Aug 4 - Aug 31	Tue	9:30 AM - 10:30 AM	40622

Note

Holiday Closures

Programs will not run on **Wednesday, July 1** for Canada Day, and **Monday August 3** for Civic Holiday



Pilates: Gentle

6240 Main Street **\$38 members**
\$45.60 non-members

This beginners Pilates class focuses on core strength to establish balance and create mobility.

Dates	Day	Time	Code
Jul 10 - Jul 31	Fri	11:00 AM - 12:00 PM	40623
Aug 7 - Aug 28	Fri	11:00 AM - 12:00 PM	40624

Seated Fitness: Strength & Balance

6240 Main Street **\$28.50 members**
\$34.20 non-members

Build strength and muscle tone while also working towards improving balance and stability, all from a seated position. This class is appropriate for individuals who may require assistive devices for mobility.

Dates	Day	Time	Code
Jul 16 - Jul 30	Thu	11:00 AM - 12:00 PM	40629
Aug 6 - Aug 20	Thu	11:00 AM - 12:00 PM	40630



Seated Fitness: Strength & Stretch

6240 Main Street **\$38 members**
\$45.60 non-members

Use your breath to work towards a sense of calm. Participants will engage in a variety of seated and standing postures that improve stability, strength and length of muscles. Stay steady on your feet, strengthen your core and improve balance.

Dates	Day	Time	Code
Jul 8 - Jul 29	Wed	9:30 AM - 10:30 AM	40625
Aug 5 - Aug 26	Wed	9:30 AM - 10:30 AM	40626



Stretch 'n' Core

6240 Main Street **\$28.50 members**
\$34.20 non-members

This gentle class offers weight bearing and resistance exercises that stretch and strengthen the whole body. Participants will see improvements in their balance, efficiency of movement, and mobility while building strong, lean muscles.

Dates	Day	Time	Code
Jul 8 - Jul 29	Wed	11:00 AM - 12:00 PM	40627
Aug 5 - Aug 26	Wed	11:00 AM - 12:00 PM	40628



Save big by signing up for a FREE membership!

Members receive exclusive discounts on many 55+ programs. By joining, you also gain complimentary access to our Stouffville 55+ Club drop-in programs where you can try something new or come and make new friends.

Visit us at townofws.ca/55plus for more information.

Note

Yoga

Yoga: Gentle

Ages 55+ **\$38 members**
6240 Main Street **\$45.60 non-members**

A gentle class for those who can get up and down from the floor. All are welcome - beginners through to intermediate. Modifications are offered for each posture, based on your level of yoga experience, mobility and flexibility. Participants should bring a mat with them to each class.

Dates	Day	Time	Code
Jul 9 - Jul 30	Thu	8:30 AM - 9:30 AM	40631
Aug 6 - Aug 27	Thu	8:30 AM - 9:30 AM	40632



Note

Please note that HST applies to all adult and family programs.



Yoga: Seated

Ages 55+ **\$38 members**
6240 Main Street **\$45.60 non-members**

Gentle yoga adapted to be done while seated. Chair yoga can improve flexibility, circulation, strength, and concentration while boosting your mood, reducing stress, joint strain and chronic pain. Everyone is welcome and modifications are offered for individual levels of flexibility and mobility.

Dates	Day	Time	Code
Jul 9 - Jul 30	Thu	9:45 AM - 10:45 AM	40633
Aug 6 - Aug 27	Thu	9:45 AM - 10:45 AM	40634

Yoga: Tamil Language Supported

6240 Main Street **\$44 members**
\$52.80 non-members

All are welcome for this traditional yoga class - beginners through to intermediate. Modifications are offered for each posture based on your level of yoga experience, mobility and flexibility. Instructor will provide teaching support in Tamil and English. Special pricing for large group class.

Dates	Day	Time	Code
Jul 5 - Aug 30	Sun	9:45 AM - 10:45 AM	40635

Got spare time on your hands?

Top 4 reasons to start volunteering with us



1 It's rewarding.

Volunteering not only provides an opportunity to discover new things about yourself but also allows you to become more familiar with your community and its resources by getting involved locally.



2 Giving back feels good.

As a volunteer you get to be a part of something bigger and work together with other like-minded people in your community towards a common goal and that feels amazing.



3 It's good for your health.

Volunteering provides both physical and mental incentives from reduced stress to the mood enhancement you get from seeking out opportunities to help.



4 It can boost your career.

You can test the waters for different careers you might be interested in while gaining experience to boost your resume.

Visit townofws.ca/volunteer for more information.

fitness club

Whitchurch–Stouffville Leisure Centre
2 Park Drive, Stouffville, L4A 4K1
905-642-PLAY (7529)

Hours of Operation

Monday – Thursday	6:00 AM – 10:00 PM
Friday	6:00 AM – 9:00 PM
Saturday & Sunday	7:30 AM – 5:00 PM

Note

Please note, the Fitness Centre will be closed from **Tuesday September 1 - Friday September 4** for annual maintenance and equipment replacement.

leisure.services@townofws.ca

Quality programming by certified fitness professionals

A membership lets you customize a wellness plan that best meets your needs.

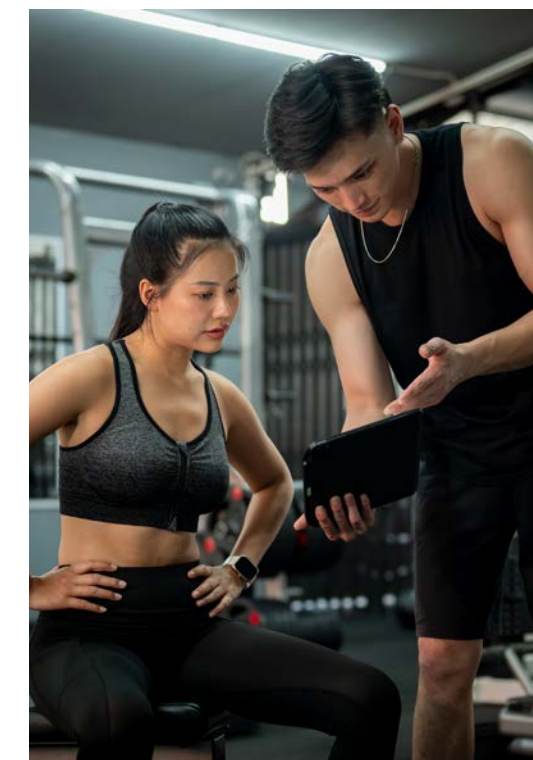
Drop in for a day, sign up for a month, or commit to fit for the year! Our plans include access to all fitness classes, the training area and all swim drop-in classes.

Membership	Single Visit	10 Visits	Monthly	3 Month	1 Year
Youth (12-17 years) / F-T Student (valid ID required)	\$8.75	\$78.75	\$45.00	\$126.00	\$472.50
Adult (18+)	\$11.00	\$99.00	\$58.00	\$162.40	\$609.00
Senior (60+)	\$8.75	\$78.75	\$45.00	\$126.00	\$472.50

Certified Personal Training

- Enhances the quality and effectiveness of workouts
- Increases motivation and streamlines time efficiency
- Appointments scheduled at your convenience
- Group training available, contact fitness centre for rate details

# of sessions	30 Minute	60 Minute
1	\$41.00	\$65.00
5	\$194.75	\$308.75
10	\$369.00	\$585.00



Group Fitness, Cycle Fit & Aquafit Classes

- Classes for all levels, led by certified instructors
- Monthly, 3-month, annual, and pay-as-you-go options are available
- Seasonal schedule with no pre-booking required
- Discounts on fitness programs



Calling All Moms with Little Ones! Stay Active, Connect, and Bond with Baby!

Why join?

1 Stay Active

Get moving with exercises tailored for postpartum bodies, with your baby right by your side.

2 Make Connections

Meet and connect with other moms who understand the joys and challenges of motherhood.

3 Bond with Baby

Strengthen that special connection as you engage in activities designed to include your little one.

fitness programs

Child & Family

Boot Camp: Moms & Babies

Leisure Centre **\$55**

This is an active program for Mom and baby. For Mom, the class includes a cardiovascular aerobic workout and muscle conditioning segment that can use the baby as resistance; for baby, the class is followed by an interactive play program.

Dates	Day	Time	Code
Jun 30 - Jul 28	Tue	11:30 AM - 12:20 PM	40524
Aug 4 - 25*	Tue	11:30 AM - 12:20 PM	40525

*shorter session | \$44

Stroller Fit: Outdoor

Ages 18+ Leisure Centre **\$55**

Classes led by an instructor will include brisk walking or jogging with your stroller as well as muscle conditioning activities using tubing or your body weight. Class is for all fitness levels.

Dates	Day	Time	Code
Jul 3 - 31	Fri	10:30 AM - 11:20 AM	40526
Aug 7 - Sep 4	Fri	10:30 AM - 11:20 AM	40527



Yoga: Moms & Babies

Leisure Centre **\$44**

This active program is designed to strengthen your postnatal body by using classic movements from Yoga. Baby can be incorporated into the movements of the workout or can sleep/lay beside mom.

Dates	Day	Time	Code
Jul 8 - 29	Wed	11:30 AM - 12:20 PM	40533
Aug 5 - 26	Wed	11:30 AM - 12:20 PM	40534

Note

Holiday Closures

Programs will not run on **Wednesday, July 1** for Canada Day, and **Monday August 3** for Civic Holiday



Youth

TeenFit for Life

Leisure Centre \$55

An introductory, non-competitive fitness program led by qualified exercise professionals. Participants learn safe, effective workouts to build body awareness and confidence. Each weekly session includes a brief lesson, guided exercise instruction, and free workout time to practice skills and personalize training in a supportive environment.

Dates	Day	Time	Code
Jul 2 - 30	Thurs	5:20 PM - 6:20 PM	40530
Jul 4 - 25*	Sat	10:30 AM - 11:30 AM	40528
Aug 6 - 27*	Thurs	5:20 PM - 6:20 PM	40531
Aug 1 - 23	Sat	10:30 AM - 11:30 AM	40529

*shorter session | \$44



Sport Conditioning & Dryland Training

Looking to improve speed, strength, endurance, balance and agility for your athletes/sports team? Email leisure.services@townofws.ca for more information.

Note



Youth Fitness Orientation

Leisure Centre \$32

Whether your goal is to increase fitness, increase energy, lessen stress or train for sport, this provides a foundation for success. Certified exercise professionals will provide support in a small, group training atmosphere.

Dates	Day	Time	Code
Jul 2 & 9	Thu	7:00 PM - 8:30 PM	40535
Jul 4 & 11	Sat	1:30 PM - 3:00 PM	40537
Jul 5 & 12	Sun	1:30 PM - 3:00 PM	40543
Jul 16 & 23	Thu	7:00 PM - 8:30 PM	40536
Jul 18 & 25	Sat	1:30 PM - 3:00 PM	40540
Jul 19 & 26	Sun	1:30 PM - 3:00 PM	40544
Jul 30 & Aug 6	Thu	7:00 PM - 8:30 PM	40538
Aug 1 & 8	Sat	1:30 PM - 3:00 PM	40541
Aug 2 & 9	Sun	1:30 PM - 3:00 PM	40545
Aug 13 & 20	Thu	7:00 PM - 8:30 PM	40539
Aug 15 & 22	Sat	1:30 PM - 3:00 PM	40542
Aug 16 & 23	Sun	1:30 PM - 3:00 PM	40546



Zumba: Kids

Ages 7-11 Leisure Centre \$55

Zumba® Youth classes use age-appropriate routines from original Zumba® choreography, with step breakdowns, games, activities and cultural exploration. Sessions make fitness fun while promoting healthy habits and childhood development: leadership, respect, teamwork, confidence, self-esteem, memory, creativity, coordination and cultural awareness through playful, instructor-led sessions that engage children.

Dates	Day	Time	Code
Jul 3 - 31	Fri	5:00 PM - 5:50 PM	40547
Aug 7 - 28*	Fri	5:00 PM - 5:50 PM	40548

*shorter session | \$44

Adult

Together In Movement & Exercise (T.I.M.E.)

Ages 18+ Leisure Centre \$99

Community program for people with balance, coordination or mobility challenges from neurological conditions (stroke, MS, Parkinson's, acquired brain injury). Developed by Toronto Rehabilitation Institute, led by trained instructors in a safe supportive setting. Helps participants regain function and independence to perform daily tasks through tailored exercises and guidance.

Dates	Day	Time	Code
Jul 2 - Aug 27	Thu	1:00 PM - 2:00 PM	40532



Holiday Closures

Programs will not run on **Wednesday, July 1** for Canada Day, and **Monday August 3** for Civic Holiday

Note



aquatic centre

Whitchurch–Stouffville Leisure Centre
 2 Park Drive, Stouffville, L4A 4K1
 905-642-PLAY (7529)

Hours of Operation

Monday – Thursday	6:00 AM – 10:00 PM
Friday	6:00 AM – 9:00 PM
Saturday & Sunday	7:30 AM – 7:00 PM

Note

Please note, the pool will be closed from **Monday September 7 - Thursday September 24** for annual maintenance.

Aquatic Membership Fees

Membership	Single Visit	10 Visits	Monthly	3 Month	1 Year
Tot (5 years and under)	\$2.50	\$22.50	\$15.00	\$42.00	\$157.50
Youth (6-17 years) / F-T Student (valid ID required)	\$4.50	\$40.50	\$27.00	\$75.60	\$283.50
Adult (18+)	\$6.50	\$58.50	\$39.00	\$109.20	\$409.50
Senior (60+)	\$4.50	\$40.50	\$27.00	\$75.60	\$283.50
Family	\$13.50	\$121.50	\$81.00	\$226.80	\$850.50



Summer Sessions Snapshot

Session Type	Start Date	End Date	Parent's Day	No Lesson
Session 1: Daily Lessons	Mon. June 29	Fri. July 10	Wed. July 8	July 1 - Canada Day
Session 2: Daily Lessons	Mon. July 13	Fri. July 24	Wed. July 22	
Session 3: Daily Lessons	Mon. July 27	Fri. Aug. 7	Wed. Aug. 5	Aug. 3 - Civic Holiday
Session 4: Daily Lessons	Mon. Aug. 10	Fri. Aug. 21	Wed. Aug. 19	
Session 5: Daily Lessons	Mon. Aug. 24	Fri. Sep.4	Wed. Sept. 2	
Fridays	Fri. July 3	Fri. Aug. 28	Fri. Aug. 14	
Saturdays	Sat. July 4	Sat. Aug 29	Sat. Aug 15	
Sundays	Sun. July 5	Sun. Aug 30	Sun Aug 16	
Session 1: Mon/Wed Bi-Weekly	Mon. June 29	Wed. July 29	Wed. July 22	July 1 - Canada Day
Session 1: Tue/Thu Bi-Weekly	Tue. June 30	Thu. July 30	Thu. July 23	
Session 2: Mon/Wed Bi-Weekly	Wed. Aug 5	Wed. Sep 2	Mon. Aug. 24	
Session 2: Tue/Thu Bi-Weekly	Tue. Aug 4	Thu. Sep 3	Thu. Aug. 27	

Swim for Life: Programming Guide & Checklist

Splish, Splash, Safety:

Dive into Fun, Swim with Care!

Here are 5 friendly tips to keep you safe and happy while swimming in the water:

- 1. Learn to Swim:** Take some time to learn basic swimming skills and become comfortable in the water. It'll be a lot of fun!
- 2. Stick to Designated Areas:** Swim in places where there are lifeguards or signs saying it's safe. They're there to help you stay safe!
- 3. Buddy Up:** Swimming with a friend is awesome! Having someone to splash around with makes it even more enjoyable.
- 4. Check Water Depths:** Make sure the water is deep enough before diving in.
- 5. Know Your Limits:** Swimming is all about having fun. If you feel tired, take a break and relax. You'll be back to your water adventures in no time!

Note

Drop in for a swim!

View our drop-in schedules at townofws.ca/dropin



Note

Do you want to register your child for swimming lessons, but don't know where to begin?

Stop in during one of our leisure swims and speak to a Deck Supervisor. They will set up a swim assessment, so you can be confident that you are registering your child in the right level.



STAGE 1 Parent & Tot	
4-36 months	<input type="radio"/> Parent & Tot 1
	<input type="radio"/> Parent & Tot 2
	<input type="radio"/> Parent & Tot 3
STAGE 2 Preschool	
Ages 3-5	<input type="radio"/> Preschool A
	<input type="radio"/> Preschool B
	<input type="radio"/> Preschool C
	<input type="radio"/> Preschool D
	<input type="radio"/> Preschool E
STAGE 3 Swimmer	
Ages 6-12	<input type="radio"/> Swimmer 1
	<input type="radio"/> Swimmer 2
	<input type="radio"/> Swimmer 3
	<input type="radio"/> Swimmer 4
	<input type="radio"/> Swimmer 5
	<input type="radio"/> Swimmer 6
STAGE 4 Swim Patrol	
Ages 6-12	<input type="radio"/> Swimmer 7 : Rookie Patrol
	<input type="radio"/> Swimmer 8 : Ranger Patrol
	<input type="radio"/> Swimmer 9 : Star Patrol



Youth Leadership

Ages 6-12

Bronze Star

Flip to page 46 to see what other leadership programs we have to offer!

Adult/Teen

Ages 13+

Adult/Teen 1

Adult/Teen 2

Note

Parent's Day

During the last five minutes of class, the instructor will provide you with your child's progress slip. If you want to take a picture of/with your child, please ask the Deck Supervisor first. See page 29 for dates.

babies and preschoolers



Parent & Tot: Level 1 & 2

Ages 4-24 months

Leisure Centre

Assisted by their parents, children will float and kick on their front and back, learn to get their faces wet, and blow bubbles underwater.

Dates	Day	Time	Code
Jun 29 - Jul 10 \$135.00 / 9 Lessons	Mon - Fri	10:30 AM - 11:00 AM	39848
Jul 13 - 24 \$150.00/ 10 Lessons	Mon - Fri	10:30 AM - 11:00 AM	39968
Jul 27 - Aug 7* \$135.00 / 9 Lessons	Mon - Fri	10:30 AM - 11:00 AM	40068
Aug 10 - 21 \$150.00 / 10 Lessons	Mon - Fri	10:30 AM - 11:00 AM	40197
Aug 24 - Sep 4 \$150.00 / 10 Lessons	Mon - Fri	10:30 AM - 11:00 AM	40305
Jul 4 - Aug 29 \$135.00 / 9 Lessons	Sat	10:30 AM - 11:00 AM	40411
Jul 5 - Aug 30 \$135.00 / 9 Lessons	Sun	10:30 AM - 11:00 AM	40412

*No lessons on Canada Day or the Civic Holiday

Parent & Tot: Level 2 & 3

Ages 12-36 months

Leisure Centre

Parents will help their child jump into water and learn to submerge and hold breath underwater. They will also aim to do starfish and pencil floats, as well as kick on both their front and back.

Dates	Day	Time	Code
Jun 29 - Jul 10 \$135.00 / 9 Lessons	Mon - Fri	9:30 AM - 10:00 AM 5:30 PM - 6:00 PM	39849
Jul 13 - 24 \$150.00 / 10 Lessons	Mon - Fri	9:30 AM - 10:00 AM 5:30 PM - 6:00 PM	39852
Jul 27 - Aug 7 \$135.00 / 9 Lessons	Mon - Fri	9:30 AM - 10:00 AM 5:30 PM - 6:00 PM	40069
Aug 10 - 21 \$150.00 / 10 Lessons	Mon - Fri	9:30 AM - 10:00 AM 5:30 PM - 6:00 PM	40198
Aug 24 - Sep 4 \$150.00 / 10 Lessons	Mon - Fri	9:30 AM - 10:00 AM 5:30 PM - 6:00 PM	40306
Jul 4 - Aug 29 \$135.00 / 9 Lessons	Sat	11:00 AM - 11:30 AM	40413
Jul 5 - Aug 30 \$135.00 / 9 Lessons	Sun	11:00 AM - 11:30 AM	40414

*No lessons on Canada Day or the Civic Holiday



Preschool A

Ages 3-5

Leisure Centre

Preschoolers will have fun learning to get in and out of the water and start to get comfortable jumping into chest-deep water. They will float and glide on their front and backs, learn to get their faces wet, and blow bubbles underwater.

Dates	Day	Time	Code
Jun 29 - Jul 10* \$135.00 / 9 Lessons	Mon - Fri	10:00 AM - 10:30 AM 11:00 AM - 11:30 AM 5:00 PM - 5:30 PM 6:00 PM - 6:30 PM	39855
Jul 13 - 24 \$150.00 / 10 Lessons	Mon - Fri	10:00 AM - 10:30 AM 11:00 AM - 11:30 AM 5:00 PM - 5:30 PM 6:00 PM - 6:30 PM	39969
Jul 27 - Aug 7* \$135.00 / 9 Lessons	Mon - Fri	10:00 AM - 10:30 AM 11:00 AM - 11:30 AM 5:00 PM - 5:30 PM 6:00 PM - 6:30 PM	40072
Aug 10 - 21 \$150.00 / 10 Lessons	Mon - Fri	10:00 AM - 10:30 AM 11:00 AM - 11:30 AM 5:00 PM - 5:30 PM 6:00 PM - 6:30 PM	40201
Aug 24 - Sep 4 \$150.00 / 10 Lessons	Mon - Fri	10:00 AM - 10:30 AM 11:00 AM - 11:30 AM 5:00 PM - 5:30 PM 6:00 PM - 6:30 PM	40309
Jul 4 - Aug 29 \$135.00 / 9 Lessons	Sat	11:30 AM - 12:00 PM 12:00 PM - 12:30 PM	40415
Jul 5 - Aug 30 \$135.00 / 9 Lessons	Sat	11:30 AM - 12:00 PM 12:00 PM - 12:30 PM	40418

*No lessons on Canada Day or the Civic Holiday

Preschool B

Ages 3-5

Leisure Centre

Preschoolers learn to jump into chest-deep water by themselves and get in and get out wearing a lifejacket. They also begin to submerge and exhale underwater. Wearing a lifejacket, kids will glide both front and back, and learn to kick while on their backs.

Dates	Day	Time	Code
Jun 29 - Jul 10* \$135.00 / 9 Lessons	Mon - Fri	10:00 AM - 10:30 AM 11:00 AM - 11:30 AM 5:00 PM - 5:30 PM 6:00 PM - 6:30 PM	39860
Jul 13 - 24 \$150.00/ 10 Lessons	Mon - Fri	10:00 AM - 10:30 AM 11:00 AM - 11:30 AM 5:00 PM - 5:30 PM 6:00 PM - 6:30 PM	39974
Jul 27 - Aug 7* \$135.00 / 9 Lessons	Mon - Fri	10:00 AM - 10:30 AM 11:00 AM - 11:30 AM 5:00 PM - 5:30 PM 6:00 PM - 6:30 PM	40077
Aug 10 - 21 \$150.00/ 10 Lessons	Mon - Fri	11:00 AM - 11:30 AM 5:00 PM - 5:30 PM 6:00 PM - 6:30 PM	40206
Aug 24 - Sep 4 \$150.00/ 10 Lessons	Mon - Fri	11:00 AM - 11:30 AM 5:00 PM - 5:30 PM 6:00 PM - 6:30 PM	40314
Jul 4 - Aug 29 \$135.00/ 9 Lessons	Sat	11:30 AM - 12:00 PM 12:30 PM - 1:00 PM	40421
Jul 5 - Aug 30 \$135.00/ 9 Lessons	Sun	11:30 AM - 12:00 PM 12:30 PM - 1:00 PM	40424

*No lessons on Canada Day or the Civic Holiday



Preschool C

Ages 3-5

Leisure Centre

Try both jumping and sideways entries into deep water while wearing a lifejacket! Preschoolers will retrieve objects from the bottom of the pool in waist-deep water, and work on kicking and gliding through the water on both their front and backs

Dates	Day	Time	Code
Jun 29 - Jul 10* \$135.00 / 9 Lessons	Mon - Fri	9:30 AM - 10:00 AM	39865
		10:30 AM - 11:00 AM	
		5:00 PM - 5:30 PM	
Jul 13 - 24 \$150.00 / 10 Lessons	Mon - Fri	6:00 PM - 6:30 PM	39979
		9:30 AM - 10:00 AM	
		10:30 AM - 11:00 AM	
Jul 27 - Aug 7* \$135.00 / 9 Lessons	Mon - Fri	5:00 PM - 5:30 PM	40082
		6:00 PM - 6:30 PM	
		9:30 AM - 10:00 AM	
Aug 10 - 21 \$150.00 / 10 Lessons	Mon - Fri	10:30 AM - 11:00 AM	40210
		5:00 PM - 5:30 PM	
		6:00 PM - 6:30 PM	

*No lessons on Canada Day or the Civic Holiday

Dates	Day	Time	Code
Aug 24 - Sep 4 \$150.00 / 10 Lessons	Mon - Fri	9:30 AM - 10:00 AM	40318
		10:30 AM - 11:00 AM	
		5:00 PM - 5:30 PM	
		6:00 PM - 6:30 PM	
Jul 4 - Aug 29 \$135.00 / 9 Lessons	Sat	9:30 AM - 10:00 AM	40427
		10:30 AM - 11:00 AM	
		12:00 PM - 12:30 PM	
		9:30 AM - 10:00 AM	
Jul 5 - Aug 30 \$135.00 / 9 Lessons	Sun	10:30 AM - 11:00 AM	40431
		12:00 PM - 12:30 PM	
		9:30 AM - 10:00 AM	
		12:00 PM - 12:30 PM	



Note

Holiday Closures

Programs will not run on **Wednesday, July 1** for Canada Day, and **Monday August 3** for Civic Holiday



Preschool D

Ages 3-5

Leisure Centre

These advanced preschoolers will learn to do solo jumps into deeper water and get out all by themselves. Kids will complete sideways entries, open their eyes underwater, master a short swim wearing a lifejacket, and gliding and kicking on their side.

Dates	Day	Time	Code
Jun 29 - Jul 10* \$135.00 / 9 Lessons	Mon - Fri	11:30 AM - 12:00 PM	39870
		5:30 PM - 6:00 PM	
		6:30 PM - 7:00 PM	
Jul 13 - 24 \$150.00 / 10 Lessons	Mon - Fri	10:00 AM - 10:30 AM	39984
		11:30 AM - 12:00 PM	
		5:30 PM - 6:00 PM	
Jul 27 - Aug 7* \$135.00 / 9 Lessons	Mon - Fri	6:30 PM - 7:00 PM	40087
		10:00 AM - 10:30 AM	
		11:30 AM - 12:00 PM	
Aug 10 - 21 \$150.00 / 10 Lessons	Mon - Fri	5:30 PM - 6:00 PM	40215
		6:30 PM - 7:00 PM	
		10:00 AM - 10:30 AM	
Aug 24 - Sep 4 \$150.00 / 10 Lessons	Mon - Fri	11:30 AM - 12:00 PM	40323
		5:30 PM - 6:00 PM	
		6:30 PM - 7:00 PM	
Jul 4 - Aug 29 \$135.00 / 9 Lessons	Sat	10:00 AM - 10:30 AM	40435
		11:00 AM - 11:30 AM	
		12:30 PM - 1:00 PM	
Jul 5 - Aug 30 \$135.00 / 9 Lessons	Sun	10:00 AM - 10:30 AM	40439
		11:00 AM - 11:30 AM	
		12:30 PM - 1:00 PM	

*No lessons on Canada Day or the Civic Holiday



Preschool E

Ages 3-5

Leisure Centre

Kids can get more adventurous with a forward roll entry into the pool while wearing a lifejacket and holding their breath underwater for up to 10 seconds. They will practice front and back crawl, interval training, and get a giggle out of whip kick.

Dates	Day	Time	Code
Jun 29 - Jul 10* \$135.00 / 9 Lessons	Mon - Fri	12:00 PM - 12:30 PM	39874
		7:00 PM - 7:30 PM	
Jul 13 - 24 \$150.00 / 10 Lessons	Mon - Fri	12:00 PM - 12:30 PM	39989
		7:00 PM - 7:30 PM	
Jul 27 - Aug 7* \$135.00 / 9 Lessons	Mon - Fri	12:00 PM - 12:30 PM	40092
		7:00 PM - 7:30 PM	
Aug 10 - 21 \$150.00 / 10 Lessons	Mon - Fri	12:00 PM - 12:30 PM	40220
		7:00 PM - 7:30 PM	
Aug 24 - Sep 4 \$150.00 / 10 Lessons	Mon - Fri	12:00 PM - 12:30 PM	40328
		7:00 PM - 7:30 PM	

*No lessons on Canada Day or the Civic Holiday

Note

Drop in for a swim!

View our drop-in schedules at townofws.ca/dropin



children and youth



Swimmer 1

Ages 6-12

Leisure Centre

Kids will become comfortable jumping into water with and without lifejackets, learning to open their eyes, exhale, and hold their breath underwater. Students will work on floats, glides, and kicking through the water on their front and back.

Dates	Day	Time	Code
Jun 29 - Jul 10* \$135.00 / 9 Lessons	Mon - Fri	9:30 AM - 10:00 AM	39936
		10:30 AM - 11:00 AM	
		12:00 PM - 12:30 PM	
		5:30 PM - 6:00 PM	
		7:00 PM - 7:30 PM	
Jul 13 - 24 \$135.00 / 10 Lessons	Mon - Fri	9:30 AM - 10:00 AM	40037
		10:30 AM - 11:00 AM	
		12:00 PM - 12:30 PM	
		5:30 PM - 6:00 PM	
		7:00 PM - 7:30 PM	

*No lessons on Canada Day or the Civic Holiday

Dates	Day	Time	Code
Jul 27 - Aug 7* \$135.00 / 9 Lessons	Mon - Fri	9:30 AM - 10:00 AM	40165
		10:30 AM - 11:00 AM	
		12:00 PM - 12:30 PM	
		5:30 PM - 6:00 PM	
		7:00 PM - 7:30 PM	
Aug 10 - 21 \$150.00 / 10 Lessons	Mon - Fri	9:30 AM - 10:00 AM	40273
		10:30 AM - 11:00 AM	
		12:00 PM - 12:30 PM	
		5:30 PM - 6:00 PM	
		7:00 PM - 7:30 PM	
Aug 24 - Sep 4 \$150.00 / 10 Lessons	Mon - Fri	9:30 AM - 10:00 AM	40381
		10:30 AM - 11:00 AM	
		12:00 PM - 12:30 PM	
		5:30 PM - 6:00 PM	
		7:00 PM - 7:30 PM	
Jul 4 - Aug 29 \$135.00 / 9 Lessons	Sat	10:30 AM - 11:00 AM	40509
		12:00 PM - 12:30 PM	
Jul 5 - Aug 30 \$135.00 / 9 Lessons	Sun	10:30 AM - 11:00 AM	40512
		12:00 PM - 12:30 PM	

*No lessons on Canada Day or the Civic Holiday



Swimmer 2

Ages 6-12

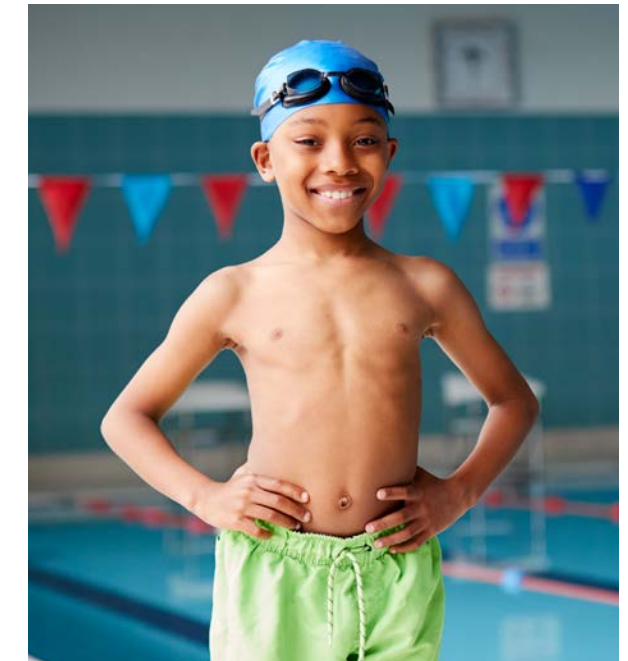
Leisure Centre

Jump into deeper water and learn to be comfortable falling sideways into the water wearing a lifejacket. Children will be able to support themselves at the surface without an aid, learn whip kick, swim 10m on their front and backs, and be introduced to flutter kick interval training.

Dates	Day	Time	Code
Jun 29 - Jul 10* \$135.00 / 9 Lessons	Mon - Fri	10:00 AM - 10:30 AM	39942
		10:30 AM - 11:00 AM	
		11:30 AM - 12:00 PM	
		5:30 PM - 6:00 PM	
		6:30 PM - 7:00 PM	
Jul 13 - 24 \$150.00 / 10 Lessons	Mon - Fri	10:00 AM - 10:30 AM	40043
		10:30 AM - 11:00 AM	
		11:30 AM - 12:00 PM	
		5:30 PM - 6:00 PM	
		5:30 PM - 6:00 PM	
Jul 27 - Aug 7* \$135.00 / 9 Lessons	Mon - Fri	10:00 AM - 10:30 AM	40171
		10:30 AM - 11:00 AM	
		11:30 AM - 12:00 PM	
		5:30 PM - 6:00 PM	
		6:30 PM - 7:00 PM	

*No lessons on Canada Day or the Civic Holiday

Dates	Day	Time	Code
Aug 10 - 21 \$150.00 / 10 Lessons	Mon - Fri	10:00 AM - 10:30 AM	40279
		10:30 AM - 11:00 AM	
		11:30 AM - 12:00 PM	
		5:30 PM - 6:00 PM	
		6:30 PM - 7:00 PM	
Aug 24 - Sep 4 \$150.00 / 10 Lessons	Mon - Fri	10:00 AM - 10:30 AM	40387
		10:30 AM - 11:00 AM	
		11:30 AM - 12:00 PM	
		5:30 PM - 6:00 PM	
		6:30 PM - 7:00 PM	
Jul 4 - Aug 29 \$135.00 / 9 Lessons	Sat	11:00 AM - 11:30 AM	40515
		12:30 PM - 1:00 PM	
Jul 5 - Aug 30 \$135.00 / 9 Lessons	Sun	11:00 AM - 11:30 AM	40518
		12:30 PM - 1:00 PM	



Note

Holiday Closures

Programs will not run on **July 1** for Canada Day, and **August 4** for the Civic Holiday.



Swimmer 3

Ages 6-12

Leisure Centre

Dive in and do in-water front somersaults and handstands! Kids will work on 15m of front and back crawl and 10m of whip kick. Flutter kick interval training increases to 4 x 15m.

Dates	Day	Time	Code
Jun 29 - Jul 10* \$157.50 / 9 Lessons	Mon - Fri	11:00 AM - 11:45 AM 6:00 PM - 6:45 PM	39948
Jul 13 - 24 \$175.00 / 10 Lessons	Mon - Fri	11:00 AM - 11:45 AM 6:00 PM - 6:45 PM	40048
Jul 27 - Aug 7* \$157.50 / 9 Lessons	Mon - Fri	11:00 AM - 11:45 AM 6:00 PM - 6:45 PM	40177
Aug 10 - 21 \$175.00 / 10 Lessons	Mon - Fri	11:00 AM - 11:45 AM 6:00 PM - 6:45 PM	40285
Aug 24 - Sep 4 \$175.00 / 10 Lessons	Mon - Fri	11:00 AM - 11:45 AM 6:00 PM - 6:45 PM	40393

*No lessons on Canada Day or the Civic Holiday



Swimmer 3: Small Group

Ages 6-12

Leisure Centre

Participants will learn and practice all of the content of Swimmer 3, but in a smaller class setting.

Dates	Day	Time	Code
Jun 29 - Jul 10* \$175.50 / 9 Lessons	Mon - Fri	12:00 PM - 12:30 PM 5:00 PM - 5:30 PM	39924
Jul 13 - 24 \$195.00 / 10 Lessons	Mon - Fri	12:00 PM - 12:30 PM 5:00 PM - 5:30 PM	40025
Jul 27 - Aug 7* \$175.50 / 9 Lessons	Mon - Fri	12:00 PM - 12:30 PM 5:00 PM - 5:30 PM	40153
Aug 10 - 21 \$195.00 / 10 Lessons	Mon - Fri	12:00 PM - 12:30 PM 5:00 PM - 5:30 PM	40261
Aug 24 - Sep 4 \$195.00 / 10 Lessons	Mon - Fri	12:00 PM - 12:30 PM 5:00 PM - 5:30 PM	40369
Jul 4 - Aug 29 \$175.50 / 9 Lessons	Sat	10:30 AM - 11:00 AM 11:30 AM - 12:00 PM	40485
Jul 5 - Aug 30 \$175.50 / 9 Lessons	Sun	10:30 AM - 11:00 AM 11:30 AM - 12:00 PM	40488

*No lessons on Canada Day or the Civic Holiday

Swimmer 4

Ages 6-12

Leisure Centre

Kids swim 5m underwater, 25m of front and back crawl, whip kick, and breaststroke arms with breathing. Their new bag of tricks includes the completion of the Canadian Swim to Survive® Standard. Cap it all off with front crawl sprints over 25m and 4 x 25m front or back crawl interval training.

Dates	Day	Time	Code
Jun 29 - Jul 10* \$157.50 / 9 Lessons	Mon - Fri	11:45 PM - 12:30 PM 6:45 PM - 7:30 PM	39951
Jul 13 - 24 \$175.00 / 10 Lessons	Mon - Fri	11:45 PM - 12:30 PM 6:45 PM - 7:30 PM	40051
Jul 27 - Aug 7* \$157.50 / 9 Lessons	Mon - Fri	11:45 PM - 12:30 PM 6:45 PM - 7:30 PM	40180
Aug 10 - 21 \$175.00 / 10 Lessons	Mon - Fri	11:45 PM - 12:30 PM 6:45 PM - 7:30 PM	40288
Aug 24 - Sep 4 \$175.00 / 10 Lessons	Mon - Fri	11:45 PM - 12:30 PM 6:45 PM - 7:30 PM	40396

*No lessons on Canada Day or the Civic Holiday



Note

Drop in for a swim!

View our drop-in schedules at townofws.ca/dropin



Swimmer 4: Small Group

Ages 6-12

Leisure Centre

Participants will learn and practice all of the content of Swimmer 4, but in a smaller class setting.

Dates	Day	Time	Code
Jun 29 - Jul 10* \$175.50 / 9 Lessons	Mon - Fri	11:30 AM - 12:00 PM 7:00 PM - 7:30 PM	39927
Jul 13 - 24 \$195.00 / 10 Lessons	Mon - Fri	11:30 AM - 12:00 PM 7:00 PM - 7:30 PM	40028
Jul 27 - Aug 7* \$175.50 / 9 Lessons	Mon - Fri	11:30 AM - 12:00 PM 7:00 PM - 7:30 PM	40156
Aug 10 - 21 \$195.00 / 10 Lessons	Mon - Fri	11:30 AM - 12:00 PM 7:00 PM - 7:30 PM	40264
Aug 24 - Sep 4 \$195.00 / 10 Lessons	Mon - Fri	11:30 AM - 12:00 PM 7:00 PM - 7:30 PM	40372
Jul 4 - Aug 29 \$175.50 / 9 Lessons	Sat	11:00 AM - 11:30 AM 12:00 PM - 12:30 PM	40491
Jul 5 - Aug 30 \$175.50 / 9 Lessons	Sun	11:00 AM - 11:30 AM 12:00 PM - 12:30 PM	40494

*No lessons on Canada Day or the Civic Holiday



Swimmer 5


Ages 6-12 Leisure Centre

Master shallow dives, cannonball entries, eggbeater kicks, and in-water backward somersaults. Refine front and back crawl over 50m swims of each, and breaststroke over 25m. Next, kids will pick up the pace in 25m sprints and two interval training bouts: 4 x 50m front or back crawl and 4 x 15m breaststroke.

Dates	Day	Time	Code
Jun29 - Jul 10* \$157.50 / 9 Lessons	Mon - Fri	10:15 AM - 11:00 AM 6:15 PM - 7:00 PM	39954
Jul 13 - 24 \$175.00 / 10 Lessons	Mon - Fri	10:15 AM - 11:00 AM 6:15 PM - 7:00 PM	40054
Jul 27 - Aug 7* \$157.50 / 9 Lessons	Mon - Fri	10:15 AM - 11:00 AM 6:15 PM - 7:00 PM	40183
Aug 10 - 21 \$175.00 / 10 Lessons	Mon - Fri	10:15 AM - 11:00 AM 6:15 PM - 7:00 PM	40291
Aug 24 - Sep 4 \$175.00 / 10 Lessons	Mon - Fri	10:15 AM - 11:00 AM 6:15 PM - 7:00 PM	40399

*No lessons on Canada Day or the Civic Holiday

Note **Holiday Closures**
 Programs will not run on **July 1** for Canada Day, and **August 4** for the Civic Holiday.



Swimmer 5: Small Group

Ages 6-12 Leisure Centre

Participants will learn and practice all of the content of Swimmer 5, but in a smaller class setting.

Dates	Day	Time	Code
Jun 29 - Jul 10* \$175.50 / 9 Lessons	Mon - Fri	11:30 AM - 12:00 PM 5:00 PM - 5:30 PM	39930
Jul 13 - 24 \$195.00 / 10 Lessons	Mon - Fri	11:30 AM - 12:00 PM 5:00 PM - 5:30 PM	40031
Jul 27 - Aug 7* \$175.50 / 9 Lessons	Mon - Fri	11:30 AM - 12:00 PM 5:00 PM - 5:30 PM	40159
Aug 10 - 21 \$195.00 / 10 Lessons	Mon - Fri	11:30 AM - 12:00 PM 5:00 PM - 5:30 PM	40267
Aug 24 - Sep 4 \$195.00 / 10 Lessons	Mon - Fri	11:30 AM - 12:00 PM 5:00 PM - 5:30 PM	40375
Jul 4 - Aug 29 \$175.50 / 9 Lessons	Sat	9:30 AM - 10:00 AM 11:30 AM - 12:00 PM	40497
Jul 5 - Aug 30 \$175.50 / 9 Lessons	Sun	9:30 AM - 10:00 AM 11:30 AM - 12:00 PM	40500

*No lessons on Canada Day or the Civic Holiday



Swimmer 6

Ages 6-12 Leisure Centre

Rise to the challenge of sophisticated aquatic skills including stride entries, compact jumps, and lifesaving kicks like eggbeater and scissor kick. Kids develop strength and power in head-up breaststroke sprints over 25m. Learn to easily swim lengths of front crawl, back crawl, and breaststroke!

Dates	Day	Time	Code
Jun 29 - Jul 10* \$157.50 / 9 Lessons	Mon - Fri	9:30 AM - 10:15 AM 5:30 PM - 6:15 PM	39957
Jul 13 - 24 \$175.00 / 10 Lessons	Mon - Fri	9:30 AM - 10:15 AM 5:30 PM - 6:15 PM	40057
Jul 27 - Aug 7* \$157.50 / 9 Lessons	Mon - Fri	9:30 AM - 10:15 AM 5:30 PM - 6:15 PM	40186
Aug 10 - 21 \$175.00 / 10 Lessons	Mon - Fri	9:30 AM - 10:15 AM 5:30 PM - 6:15 PM	40294
Aug 24 - Sep 4 \$175.00 / 10 Lessons	Mon - Fri	9:30 AM - 10:15 AM 5:30 PM - 6:15 PM	40402

*No lessons on Canada Day or the Civic Holiday

Swimmer 6: Small Group

Ages 6-12 Leisure Centre

Participants will learn and practice all of the content of Swimmer 6, but in a smaller class setting.

Dates	Day	Time	Code
Jun 29 - Jul 10* \$175.50 / 9 Lessons	Mon - Fri	11:30 AM - 12:00 PM 6:30 PM - 7:00 PM	39933
Jul 13 - 24 \$195.00 / 10 Lessons	Mon - Fri	11:30 AM - 12:00 PM 6:30 PM - 7:00 PM	40034
Jul 27 - Aug 7* \$175.50 / 9 Lessons	Mon - Fri	11:30 AM - 12:00 PM 6:30 PM - 7:00 PM	40162
Aug 10 - 21 \$195.00 / 10 Lessons	Mon - Fri	11:30 AM - 12:00 PM 6:30 PM - 7:00 PM	40270
Aug 24 - Sep 4 \$195.00 / 10 Lessons	Mon - Fri	11:30 AM - 12:00 PM 6:30 PM - 7:00 PM	40378
Jul 4 - Aug 29 \$175.50 / 9 Lessons	Sat	10:00 AM - 10:30 AM 12:00 PM - 12:30 PM	40503
Jul 5 - Aug 30 \$175.50 / 9 Lessons	Sun	10:00 AM - 10:30 AM 12:00 PM - 12:30 PM	40506

*No lessons on Canada Day or the Civic Holiday



Swimmer 7 & 8: Rookie & Ranger Patrol

Ages 6-12 Leisure Centre

Swimmer 7: Rookie Patrol

Swimmers continue stroke development with 50m swims of front crawl, back crawl and breaststroke. Lifesaving Sport skills include a 25m obstacle swim and 15m object carry. First aid focuses on assessment of conscious victims, contacting EMS and treatment for bleeding. Fitness improves in 350m workouts and 100m timed swims

Swimmer 8: Ranger Patrol

Swimmers develop better strokes over 75m swims of each stroke. They tackle Lifesaving Sport skills in a lifesaving medley, timed object support and rescue with a buoyant aid. First aid focuses on assessment of unconscious victims, treatment of victims in shock and obstructed airway procedures. Skill drills develop a strong lifesaving foundation. Obstructed airway procedures. Skill drills develop a strong lifesaving foundation

Dates	Day	Time	Code
Jun 29 - Jul 10* \$157.50 / 9 Lessons	Mon - Fri	10:00 AM - 10:45 AM 5:00 PM - 5:45 PM	39960
Jul 13 - 24 \$175.00 / 10 Lessons	Mon - Fri	10:00 AM - 10:45 AM 5:00 PM - 5:45 PM	40060
Jul 27 - Aug 7* \$157.50 / 9 Lessons	Mon - Fri	10:00 AM - 10:45 AM 5:00 PM - 5:45 PM	40189
Aug 10 - 21 \$172.50 / 10 Lessons	Mon - Fri	10:00 AM - 10:45 AM 5:00 PM - 5:45 PM	40297
Aug 24 - Sep 4 \$175.00 / 10 Lessons	Mon - Fri	10:00 AM - 10:45 AM 5:00 PM - 5:45 PM	40405

*No lessons on Canada Day or the Civic Holiday

Swimmer 9 & Bronze Star

Ages 6-12 Leisure Centre

Swimmer 9: Star Patrol

Swimmers are challenged with 600m workouts; 300m timed swims and a 25m object carry. Strokes are refined over 100m swims. First aid focuses on treatment of bone or joint injuries and respiratory emergencies including asthma and allergic reactions. Lifesaving skills include defense methods, victim removals and rolling over and supporting a victim face up in shallow water.

Bronze Star

Develops swimming proficiency, lifesaving skill and personal fitness. Candidates refine their stroke mechanics, learn self-rescue skills, and apply fitness principles in training workouts. Bronze Star is excellent preparation for Bronze Medallion and provides a fun introduction to lifesaving sport.

Dates	Day	Time	Code
Jun 29 - Jul 10* \$157.50 / 9 Lessons	Mon - Fri	10:45 AM - 11:30 AM 5:45 PM - 6:30 PM	39963
Jul 13 - 24 \$175.00 / 10 Lessons	Mon - Fri	10:45 AM - 11:30 AM 5:45 PM - 6:30 PM	40063
Jul 27 - Aug 7* \$157.50 / 9 Lessons	Mon - Fri	10:45 AM - 11:30 AM 5:45 PM - 6:30 PM	40192
Aug 10 - 21 \$175.00 / 10 Lessons	Mon - Fri	10:45 AM - 11:30 AM 5:45 PM - 6:30 PM	40300
Aug 24 - Sep 4 \$175.00 / 10 Lessons	Mon - Fri	10:45 AM - 11:30 AM 5:45 PM - 6:30 PM	40408

*No lessons on Canada Day or the Civic Holiday

Note Please note that HST applies to all adult and family programs.

Private Lessons

Ages 3+ Leisure Centre

Private swim lessons help children who struggle with a level by focusing one-on-one on specific skills to progress. Semi-private option available for an additional cost: register the first child, then contact the Aquatic Supervisor to add a second child of the same or similar level. Call (905) 642-PLAY for assistance.



Dates	Price	Day	Time	Code
Jun 29 - Jul 10* 9 Lessons	Private: \$306 Semi Private: \$207	Mon - Fri	9:30 AM - 7:30 PM	39895
Jul 13 - 24 10 Lessons	Private: \$340 Semi Private: \$230	Mon - Fri	9:30 AM - 7:30 PM	39991
Jul 27 - Aug 7* 9 Lessons	Private: \$306 Semi Private: \$207	Mon - Fri	9:30 AM - 7:30 PM	40113
Aug 10 - 21 10 Lessons	Private: \$340 Semi Private: \$230	Mon - Fri	9:30 AM - 7:30 PM	40223
Aug 24 - Sep 4 10 Lessons	Private: \$340 Semi Private: \$230	Mon - Fri	9:30 AM - 7:30 PM	40331
Jul 3 - Aug 28 9 Lessons	Private: \$306 Semi Private: \$207	Fri	5:00 PM - 7:00 PM	40443
Jul 4 - Aug 29 9 Lessons	Private: \$306 Semi Private: \$207	Sat	9:30 AM - 1:00 PM	40449
Jul 5 - Aug 30 9 Lessons	Private: \$306 Semi Private: \$207	Sun	9:30 AM - 1:00 PM	40467
Jun 29 - Jul 29 8 Lessons	Private: \$306 Semi Private: \$207	Mon/Wed	5:00 PM - 8:30 PM	39877
Jun 30 - Jul 30* 10 Lessons	Private: \$340 Semi Private: \$230	Tue/Thu	5:00 PM - 7:00 PM	39889
Aug 5 - Sep 2 8 Lessons	Private: \$306 Semi Private: \$207	Mon/Wed	5:00 PM - 8:30 PM	40095
Aug 4 - Sep 3 10 Lessons	Private: \$340 Semi Private: \$230	Tue/Thu	5:00 PM - 7:00 PM	40107

*No lessons on Canada Day or the Civic Holiday

teen and adult



Adult/Teen 1

Ages 13+

Leisure Centre

Work towards a 10-15m swim on your front and back. Complete jump entries from the side and recover an object from the bottom of chest-deep water. Improve overall fitness and flutter kicking with 4 x 9-12m interval training.

Dates	Day	Time	Code
Jun 29 - Jul 10*	Mon - Fri	12:00 PM - 12:30 PM	39846 \$135.00 / 9 Lessons
Jul 13 - 24	Mon - Fri	7:00 PM - 7:30 PM	39966 \$150.00 / 10 Lessons
Jul 27 - Aug 7*	Mon - Fri	12:00 PM - 12:30 PM	40066 \$135.00 / 9 Lessons
Aug 10 - 21	Mon - Fri	7:00 PM - 7:30 PM	40195 \$150.00 / 10 Lessons
Aug 24 - Sep 4	Mon - Fri	7:00 PM - 7:30 PM	40303 \$150.00 / 10 Lessons

*No lessons on Canada Day or the Civic Holiday

Adult/Teen 2

Ages 13+

Leisure Centre

Kick it up a notch working on two interval training workouts of 4 x 25m kicking and front or back crawl. Perform dive entries and demonstrate breaststroke arms and breathing over 10-15m. Participants support themselves at the surface for 1-2 minutes and complete handstands in shallow water.

Dates	Day	Time	Code
Jun 29 - Jul 10*	Mon - Fri	7:00 PM - 7:30 PM	39847 \$135.00 / 9 Lessons
Jul 13 - 24	Mon - Fri	12:00 PM - 12:30 PM	39967 \$150.00 / 10 Lessons
Jul 27 - Aug 7*	Mon - Fri	7:00 PM - 7:30 PM	40067 \$135.00 / 9 Lessons
Aug 10 - 21	Mon - Fri	12:00 PM - 12:30 PM	40196 \$150.00 / 10 Lessons
Aug 24 - Sep 4	Mon - Fri	12:00 PM - 12:30 PM	40304 \$150.00 / 10 Lessons

*No lessons on Canada Day or the Civic Holiday



Note

Drop in for a swim!

View our drop-in schedules at townofws.ca/dropin



Dive in to volunteering with the aquatics team!

It's a fun way to get experience working in the industry.

Volunteers help us with swim lessons and camp programs, including:

- Practicing skills with swimmers
- Tiding the pool deck
- Playing games and singing songs
- Reporting safety issues
- Organizing equipment
- Assisting with participant supervision

Visit townofws.ca/volunteer for more information.

Interested in becoming a lifeguard or swim instructor?

This fun, rewarding part-time or summer job provides opportunities to develop personally and professionally.

Visit townofws.ca/careers to see open positions on our aquatics team.



Leadership

Become a Lifeguard or Swim Instructor!

Take your first steps into the exciting world of aquatics with our Aquatic Leadership Courses. All Leadership Courses are recognized by the Lifesaving Society of Canada.



Bronze Cross

Leisure Centre \$200

Bronze Cross prepares swimmers to transition from lifesaving to lifeguarding, strengthening rescue skills and applying active-surveillance techniques. It emphasizes teamwork and communication for preventing and responding to aquatic emergencies and serves as a prerequisite for National Lifeguard and leadership certification programs, equipping candidates for assistant lifeguard duties.

Dates	Days	Time	Code
Jul 13 - 24	Mon - Fri	5:00 PM - 7:30 PM	39842
Aug 10 - 21	Mon - Fri	5:00 PM - 7:30 PM	39843
Jul 5 - Aug 30	Sun	10:15 AM - 1:00 PM	39841

Standard First Aid & CPR C

Leisure Centre \$180

Standard First Aid provides comprehensive first aid and CPR training and incorporates all of Emergency First Aid. It expands on core skills for those seeking deeper knowledge, covering legal implications, spinal injuries, heat/cold injuries, bone/joint trauma, abdominal/chest injuries, burns, and other medical emergencies and CPR scenarios.

Dates	Days	Time	Code
Jul 4 - 5	Sat	11:30 AM - 8:00 PM	40637
	Sun	9:30 AM - 6:00 PM	
Aug 15 - 16	Sat	11:30 AM - 8:00 PM	40638
	Sun	9:30 AM - 6:00 PM	

Bronze Medallion & Emergency First Aid CPR B

Leisure Centre \$250

Bronze Medallion challenges candidates mentally and physically, focusing on judgment, knowledge, skill, and fitness, the four components of water rescue. Participants develop assessment and problem-solving abilities to make sound decisions in, on, and around water. Bronze Medallion is a prerequisite for Bronze Cross assistant lifeguard training.

Dates	Days	Time	Code
Jun 29 - Jul 10	Mon - Fri	5:00 PM - 7:45 PM	39838
Jul 27 - Aug 7	Mon - Fri	5:00 PM - 7:45 PM	39840
Jul 4 - Aug 29	Sat	10:15 AM - 1:00 PM	39839



Note Join our team once you're certified! View our job openings at townofws.ca/careers

Standard First Aid & CPR C Recertification

Leisure Centre **\$95**

This course reviews a candidate's existing Standard First Aid & CPR skills. Successful completion renews the award for 3 years.

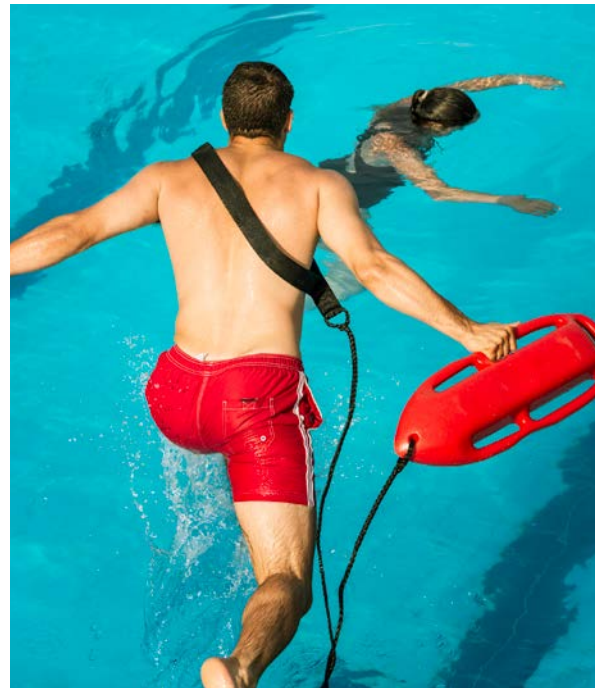
Date	Day	Time	Code
Jul 25	Sat	10:30 AM - 7:00 PM	40639

Assistant Instructor

Leisure Centre **\$135**

Through classroom learning and in-water practice, this Lifesaving Society course prepares candidates to help instructors with swimming and lifesaving classes. Candidates learn roles and responsibilities of instructors and are introduced to key principles of learning and teaching while mastering basic progressions.

Dates	Days	Time	Code
Aug 8 & 9	Sat	11:30 AM - 9:00 PM	40640
	Sun	9:30 AM - 7:00 PM	



Instructors: Swim, Lifesaving & Emergency First Aid

Ages 15+ Leisure Centre **\$375**

Prepares the instructors to teach and evaluate swim strokes and lifesaving skills. Through classroom learning and in-water practice, candidates explore teaching methods, learning strategies and activities, a variety of stroke and skill drills, correction techniques, and evaluation criteria. Practice teaching is emphasized throughout.

Dates	Days	Time	Code
Aug 28 & Sep 4	Fri	5:00 PM - 8:00 PM	40644
Aug 29 & Sep 5	Sat	9:30 AM - 7:00 PM	
Aug 30 & Sep 6	Sun	9:30 AM - 7:00 PM	

Note

Have a friend who might want to explore a swim leadership program with you?



Take the plunge together and dive into training with your friend by your side. Encourage them to sign up with you!

National Lifeguard

Leisure Centre **\$285**

This comprehensive lifeguard course develops lifeguarding principles, judgment, and a responsible attitude, emphasizing teamwork, leadership, communication, accident prevention, and medical emergency care. Participants learn advanced skills through formal instruction and must demonstrate competency managing a variety of aquatic emergencies. Successful completion awards Canada's nationally recognized lifeguarding certification.

Dates	Days	Time	Code
Aug 28 & Sep 4	Fri	5:30 PM - 8:30 PM	40645
Aug 29 & Sep 5	Sat	9:30 AM - 7:00 PM	
Aug 30 & Sep 6	Sun	9:30 AM - 7:00 PM	

Aquatic Supervisor Training

Leisure Centre **\$175**

For deck-level supervisory staff, this 10-hour course provides the knowledge and skills beyond National Lifeguard certification to manage a safe aquatic environment.

Dates	Days	Time	Code
Jul 31 - Aug 1	Fri	5:45 PM - 9:45 PM	40641
	Sat	9:00 AM - 6:30 PM	



Examiners

Leisure Centre **\$90**

First of a three-step program preparing candidates to apprentice as Examiners for their chosen exam. Builds on evaluation experience from instructor-evaluated content. Candidates must be experienced instructors who have taught or co-taught at least one course in the stream(s) for which they seek examiner certification.

Dates	Day	Time	Code
Aug 2	Sun	10:00 AM - 5:00 PM	40643

SEE (Supervision Evaluation and Enhancement) Auditor

Leisure Centre **\$65**

Designed to give participants the knowledge, training, and tools required to evaluate the effectiveness of lifeguard and instructor supervision using Lifesaving Society SEE checklists.

Date	Day	Time	Code
Jul 30	Thu	5:45 PM - 9:45 PM	40642

Whitchurch-Stouffville Museum & Community Centre

14732 Woodbine Avenue, Stouffville, L4A 2K9
905-727-8954



With engaging exhibits, interactive programs, and a collection of over 18,000 artifacts, the Whitchurch-Stouffville Museum is a must-visit destination. Admission is FREE! Visit wsmuseum.ca for upcoming events, exhibits, and more!

Hours of Operation:

Wednesday – Saturday

10:00 AM – 4:00 PM

Questions?

Contact us by email at wsmuseum@townofws.ca or by phone at 905-727-8954 or 1-888-290-0337.



The Whitchurch-Stouffville Museum & Community Centre provides programs and services that showcase our community's history.

Since opening in 1971, the site has grown from the original museum building – the Bogarttown Schoolhouse (1857) – and now includes six historic buildings, exhibition galleries, and modern amenities.

W-S Heritage Awards

Nominate a property for the Fifth Annual Whitchurch-Stouffville Heritage Awards!

From May 6 until July 11, nominate your favourite residential or non-residential property for the Whitchurch-Stouffville Heritage Awards. Visit townofws.ca/heritageawards to nominate.

Exhibits

Worthy: The History of the Royal Canadian Armoured Corps

All Ages Whitchurch-Stouffville Museum **FREE**

Presented by the Canadian Tank Museum, this exhibit explores the history of one of Canada's most storied fighting forces, the Royal Canadian Armoured Corps (RCAC), and its founder, Major-General Frederic Franklin Worthington.

Dates	Day	Time
Jun 28 - Aug 29	Wed - Sat	10:00 AM - 4:00 PM



Where are the Children? Healing the Legacy of the Residential Schools

All Ages Whitchurch-Stouffville Museum **FREE**

This exhibition, on loan from the Legacy of Hope Foundation, and the first in Canada to be developed on residential schools, uses archival photographs and documents to tell the story of the System using a more traditional museum-style format.

Dates	Day	Time
Jan 10 - Jul 25	Wed - Sat	10:00 AM - 4:00 PM

NEW

Beyond Words: Dictionaries and Indigenous Languages

All Ages Whitchurch-Stouffville Museum **FREE**

On loan from the Canadian Language Museum, this exhibit highlights the relationship between Indigenous languages and dictionaries, from word lists and dictionaries developed for exploration, colonization, conversion, and assimilation purposes, to online language materials being developed to transmit knowledge to today's youth.

Dates	Day	Time
Jun 6 - 27	Wed - Sat	10:00 AM - 4:00 PM

Doors Open Whitchurch-Stouffville

All Ages Various (see website) **FREE**

Take part in Doors Open Whitchurch-Stouffville by exploring the community for FREE! Each attraction will offer a unique experience including behind-the-scenes tours, activities, and more. For more information or a complete list of this year's sites, visit townofws.ca/doorsopen.

Dates	Day	Time
Jun 6	Sat	10:00 AM - 4:00 PM



NEW

In Conversation With Waubgeshig Rice

Ages 12+ 19 on the Park **FREE**

In celebration of National Indigenous History Month, join Waubgeshig Rice, national bestselling and award-winning Anishinaabe author and journalist, as he discusses his novel *Moon of the Turning Leaves*. Hear from Rice as he discusses how themes of Anishinaabe history, culture, and his upbringing in his home community of Wasauksing First Nation influence his writing. This event is presented in partnership between the Whitchurch-Stouffville Museum and Stouffville Library.

Dates	Day	Time	Registration
Jun 16	Tue	7:00 PM - 8:30 PM	Eventbrite.ca



53rd Annual Antique & Classic Car Show

All Ages Whitchurch-Stouffville Museum **FREE**

Join us as Exhibitors from across southern Ontario display their prized antique & classic cars at the Museum's 53rd Annual Antique & Classic Car Show! This long-running family favourite includes a feature car, food vendors, demonstrations, and more.

Dates	Day	Time
Aug 9	Sun	11:00 AM - 4:00 PM

Birthday Parties

 **Children's Birthday Party Packages**

Children's birthday party packages available! Packages include instructor-led program and party time in the Community Room. Choose from three themes: Silly Science, Pirate Treasures, or Crafty Corner. **Packages are \$299 for up to 15 children and 5 adults.** Visit townofws.ca/museumparty to book.

19 on the Park Theatre

19 Civic Avenue, Stouffville, L4A 1G5
905-640-2322



Looking to purchase tickets?

Visit 19onthePark.ca or call (888) 655-9090 to purchase tickets today!

For rentals or other inquiries:

Please email us at 19onthePark@townofws.ca

Theatre Events

19 on the Park offers an incredible Summer Patio Series which includes three exciting experience-driven musical performances.

FREE Summer Concerts

Join us for our Patio Series this summer on Main Street!* No registration required, with seating on a first-come, first-served basis. Gates open 1 hour prior to each performance; arrive early to secure your seat. Licensed event.

*Please check the website for updated event locations.

Country on the Patio featuring The Beresfords

Thursday, June 25 | 7:30 pm

York Region fan favourites Shannon and Brendan Beresford bring their 5-piece band for a night of country-rock classics and chart-topping originals.



Party Rock on the Patio featuring The Slime Dogs

Thursday, July 23 | 7:30 pm

Stouffville's favourite party rock band gets the crowd hopping with covers from Chappell Roan to Journey to Neil Diamond, and everything in between.

Good Vibrations on the Patio featuring Beach Party Boys

Thursday, August 13 | 7:30 pm

Break out the Hawaiian shirts and straw hats for the ultimate Beach Party! Enjoy all the surf-rock classics by one of Canada's favourite Beach Boys tributes. Come downtown early for Moonlight Madness (5:00–9:00 PM). Shop local businesses, explore pop-up vendors, grab dinner at your favourite restaurants, and enjoy a vibrant night out in the Village before the show!



Note

Upcoming Concert Series
Keep an eye out for the launch of our 2026/27 Concert Series Lineup. Learn more at townofws.ca/concertseries



Outdoor recreation



Hiking & Walking Trails

Our extensive trail network is popular among avid cyclists, joggers, and families out for leisurely dog walks. There are many options just outside your door, including local trails and more expansive tracts that connect to the larger forested areas in York Region and Rouge Park.

Tennis & Pickleball

- Ballantrae Park: 4 lit tennis courts
- Memorial Park: 2 tennis courts and 8 pickleball courts
- Stouffville Arena: 4 lit tennis / 6 pickleball multi-purpose courts
- Sunnyridge Park: 2 tennis courts
- Vandorf Park: 2 tennis / 8 pickleball multi-purpose courts
- Sugar Maple Park: 1 tennis court and 4 pickleball courts

Soccer Fields & Cricket Pitches

- Stouffville Arena: 2 lit regulation pitches and 1 unlit secondary field (east of lit pitches)
- Bethesda Park: 1 lit regulation that can be split into 2 lit mini, 4 unlit minis



Learn more!

Get more info about our outdoor recreation opportunities at townofws.ca/openspaces

TOP PHOTO BY HEIKE KIS

Baseball & Softball Diamonds

- Bethesda Park: 3 adult diamonds
- Memorial Park: 1 adult (with bleachers), 1 junior diamond
- Rupert Park: 1 junior diamond
- Vandorf Park: 1 adult diamond
- Wheelers Mill: 1 junior diamond
- Byers Pond: 1 junior diamond

Spray Pads

Spray pads are interactive water play areas (with continuous draining and no standing water) that are open June through mid-September from 9:00 AM – 9:00 PM.

- Coultice Park
- Madori Park
- Wheler's Park
- Sunnyridge Park
- Byer's Pond Park
- Gar Lehman Park
- Greenwood Park



Outdoor Rinks

Outdoor winter ice rinks in Stouffville operate as the winter weather allows. When weather conditions permit, volunteers and Town staff will build and maintain ice rinks at the following locations:

- Greenwood Park
- Gar Lehman Park
- Sunnyridge Park
- Wheler's Mill Park
- Vandorf Park



Memorial Park



2 Park Drive

Skateboard Park

Located at the south end of Memorial Park, adjacent to Hoover Park Drive, the Wayne Emmerson Skate Park is approximately 5000 sq. ft. and offers features suitable for varying age groups and skill levels. It has been named after former Mayor, Wayne Emmerson.



Skating / Multi Purpose Trail

Located in Memorial Park, the Skating / Multi-Purpose Trail is a 275-metre, fully accessible trail designed for year-round use. During the warmer months, it supports walking, running, and cycling. In winter, the trail is maintained as an outdoor skating loop, with refrigeration technology helping to extend the skating season. Designed to accommodate a range of activities and abilities, the trail is accessible for individuals, families, and users of all skill levels, making it a versatile and well-loved community amenity.

Amenities

- Washrooms
- Playground
- Accessible Features
- Basketball Court
- Fitness Equipment
- Tennis Court
- Ball Diamond
- Pickleball Court
- Ball Hockey Pad
- Community Garden
- Soccer Pitch
- Cricket Pitch
- Oval Track
- Trails
- Spray Pads*
- Skating Rink*

*Spray pads and skating rinks are open seasonally, subject to weather conditions. If you'd like to volunteer help maintain your local rink, contact leisure.services@townofws.ca



Off-leash Dog Park

350 Rougeview Avenue

The Town of Stouffville offers one off-leash dog park. Rougeview Dog Park is a permanently fenced facility that provides a safe, leash-free environment for dogs of all sizes to interact, socialize, and play. The park is located at 350 Rougeview Avenue, just east of the SmartCentres Walmart Plaza.

Community Parks

Ballantrae Park

5592-5600 Aurora Road



Bethesda Sport Fields

6323 Bethesda Road



Coultice Park

14755 Ninth Line



Memorial Park

2 Park Drive



Stouffville Arena & Connell-Franklin Track

150 Edward Street



Vandorf Park

14698 Woodbine Avenue



Neighbourhood Parks

Byer's Pond Park

20 Byers Pond Way



Felcher

36 Felcher Boulevard



Gar Lehman Park

135 Gar Lehman Avenue



Greenwood Park

64 Greenwood Road



Lehman's Pond

100 Willoway



Madori Park

915 Millard Street



Rupert Park

455 Rupert Avenue



Sugar Maple Park

401 Baker Hill Boulevard



Sunnyridge Park

37 Sunnyridge Avenue



Wheler's Mill Park

250 Mostar Street



Disc Golf

Greenwood Park

Home to a five-hole disc golf course, Greenwood Park offers a great introduction to the game. Learn more about Disc Golf Discovery Courses at fluentdisc.com

Parkettes

Aspen Crescent

41 Penndutch Circle



Grayfield

20 Grayfield Drive



Baker Hill

1100 Millard Street



Greenforest

139 Greenforest Grove



Bayberry

49 Bayberry Street



Loretta

351 Loretta Crescent



Boadway

230 Boadway Crescent



Lemonville

13453 McCowan Road



Bramble Crescent

105 Bramble Crescent



Miltrose

130 Miltrose Crescent



Dannor

10 Dannor Avenue



Waite Crescent

87 Waite Crescent



Dougherty

60 Dougherty Crescent



Reeves Way

491 Reeves Way Boulevard



Stouffer Street

217 Stouffer Street



Summerfield

46 Summerfield Avenue



Summitview

155 Thicketwood Boulevard



Fairlee

76 Fairlee Circle



Shane Court

11 Shane Court



Tresstown

143 Sunnyridge Avenue



Spring/Summer Events

A wide range of family-friendly events are available to residents, from festive celebrations to live music, performances, and large multi-day festivals.



June 6

Doors Open
Whitchurch-Stouffville

📍 Various Locations



June 21

Stouffville Main Street 5K

📍 Main Street & Memorial Park



June 25, July 23, August 13

19 on the Park
Patio Series

📍 Location: TBA



June 26-28

Strawberry Festival

📍 Memorial Park



July 1

Canada Day Fireworks

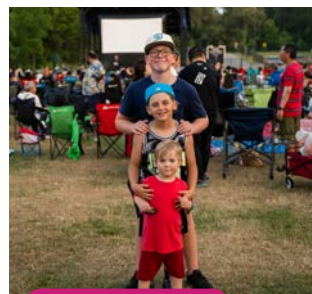
📍 Memorial Park



July 17

Symphony
Under the Stars

📍 Memorial Park



July 24 & August 14

Movies in the Park

📍 Memorial Park



August 7-9

Stouffville Ribfest

📍 Memorial Park



August 9

Antique and
Classic Car Show

📍 WS Museum & CC

Note

Want to stay up to date on event details?

Visit townofws.ca/events and also find out how to sponsor or volunteer!

Stay Connected

Join us on social media to stay up to date, get involved, and celebrate our vibrant community!



@TownofStouffville

@StouffvillePlay

@WSFES

@wsplibrary

@wstownhall



@TownofStouffville

@StouffvillePlay

@StouffvilleFire



Town of Whitchurch-Stouffville



@TownofWS

@ws_townhall

@WSFES

Follow us and stay in the loop – there's always something going on in Stouffville!



On The Road Magazine

To stay informed on local happenings, community stories, and Town updates, be sure to check your mailbox each month for Stouffville's *On the Road* magazine. Each issue highlights what's happening around town and can also be read online at townofws.ca/otr

Talk of the Town Podcast

Our weekly podcast, *Talk of the Town*, is your best way to stay up to date on everything that goes on in Stouffville. Released every other Monday, the podcast is chock-full of news, event happenings, upcoming projects, job announcements, and Council updates. Listen on Soundcloud, Spotify, Facebook, or right on our website, townofws.ca

Stouffville eNewsletters

Stay informed by signing up for Stouffville eNewsletters at townofws.ca/enews to get the latest updates on *Talk of the Town*, *Council Corners*, *Economic Development*, and *19 on the Park Theatre* delivered directly to your inbox.

Visit our News Feed

Everything you need to know is posted on the townofws.ca news feed. We have six categories of news you can subscribe to, or just visit the website on a regular basis to see what is new. Recreation, entertainment, fire services, museum, and Council-related items are posted on a regular basis. Don't miss a single story!



Register for programs by scanning,
or at townofws.ca/active

*Memberships, activities, and programs are subject to HST. Non-residents are subject to a 20% surcharge to register in Town of Whitchurch-Stouffville programs.

Whitchurch–Stouffville Leisure Centre

2 Park Dr
Stouffville, ON
L4A 4K1

leisure.services@townofws.ca
905-642-PLAY (7529)
townofws.ca

Hours

Monday – Thursday

6:00 AM – 10:00 PM

Friday

6:00 AM – 9:00 PM

Saturday & Sunday

7:30 AM – 7:00 PM

Registration for residents opens June 2, 2026.

See page 3 for details.

