

# Monday, May 19, 2025 Victoria Day at the Leisure Centre

Leisure Centre 7:30 AM - 12:00 PM

Fitness Centre 7:30 AM – 12:00 PM

# Please note the following:

Registered programs will not be running on this date.

Monday, May 19, 2025

# **Drop-in Programs**

#### **Fitness**

Cycle Fit	9:30 AM - 10:20 AM
Forever Fit	9:30 AM - 10:20 AM
Muscle Matters 1	10:30 AM – 11:20 AM

## **Aquatics**

Lane Swim	7:35 AM – 9:30 AM
Family Swim	9:30 AM - 10:30 AM
Aquafit	9:35 AM – 10:25 AM
Leisure Swim	10:30 AM – 12:00 PM

## Gymnasium

#### **CLOSED**

For more information, visit townofws.ca/dropin